

ELIZABETH VILELA, L.M.T. AND E.L

Rua do Bosque, Tucuns, Armação dos Buzios

Rio de Janeiro, Brasil

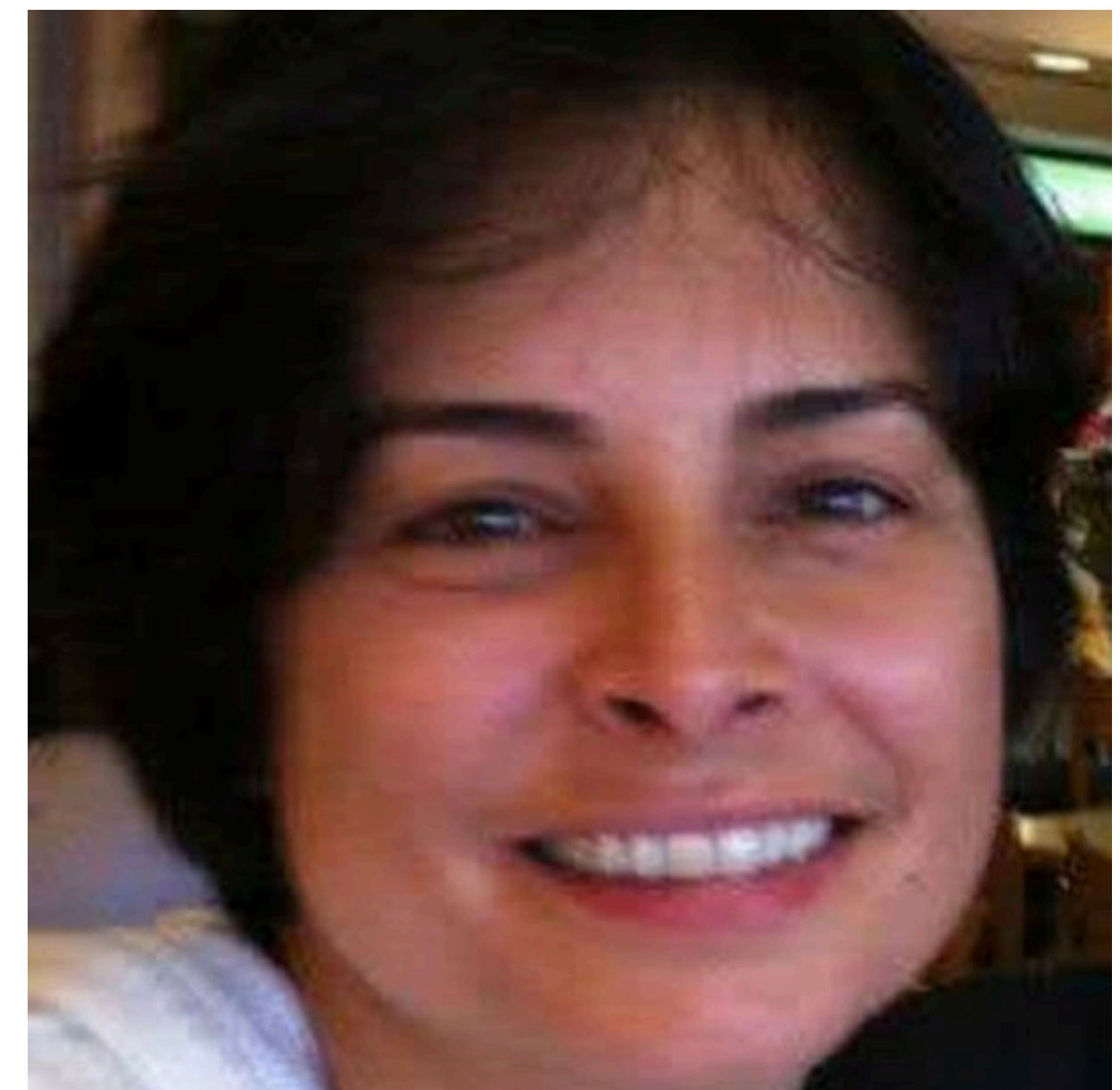
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Born in 09/02/1970

Portugués Native, Fluent english, Spanish intermediery



- **Sumary**

Dynamic massage therapist certified in Eastern and Western modalities, Seek to provide The highest quality of massage therapy as a form of healing, maximizing the client's comfort and potential by creating awareness of holistic benefits of the mind-body-soul relationship

- **Skills and Accomplishments**

Customer Service

- ✓ Had many repeat clients who requested my services.
- ✓ Tailored body work to furnish personal and individual massages
- ✓ Assisted clients with pain relief and stress reduction through various techniques.
- ✓ Provided a professional and healing environment for clients.
- ✓ Tri-lingual English, Spanish and Portuguese.
- ✓ Team player and self motivated.

- **Certified In**

- | | |
|--------------------------------|----------------------|
| ✓ Reflexology | ✓ Hot Stones |
| ✓ Thai Massage | ✓ Bamboo |
| ✓ Sports Massage | ✓ Lymphatic Drainage |
| ✓ TMJ | ✓ Cranial Sacral |
| ✓ Pregnancy and Infant Massage | ✓ Shiatsu |
| ✓ Geriatric Massage | |
| ✓ Lomi Lomi | |
| ✓ Swedish | |
| ✓ Deep tissue | |

- **Education**

February 2017-October, 2017- Academy Of Hair Design, Las Vegas, Nevada Professional a Esthetician Program 900 hours.

May, 2009-December, 2009- Nevada School of Massage Therapy Las Vegas, Nevada Professional Massage Therapy Program ACCET accredited 700 hours of classroom work, laboratory experience and internship.

October, 2008- Wat Po Traditional Medical School, Bangkok, Thailand Professional Thai Massage Therapy Program 40 hours of classroom work and hands on treatment.

2006-2007- A to Z Clinic and Massage School Thousand Oaks, California Professional Massage Therapy Program 300 hours of classroom work and clinical internship.

- **Employment History**

√2023 - MSC Aurea Spa/ to the present date

√ 2012/2019-Mandarin Oriental Hotel, Las Vegas, Nevada.

√ 2009/2012-J.W Marriott Hotel and Spa, Las Vegas, Nevada,

√ 2008/2009-Massage Therapist at the Four Seasons Hotel and Spa, Westlake Village. California.

√ 2007/2008-Massage Therapist at Massage Envy, Simi Valley, California

√ 2006/2007-Owner of Secret Soul Massage Spa, Thousand Oaks, California.

√ 2006/2007 - Massage Therapist at A to Z Chiropractic Clinic. Thousand Oaks. California.

- **Licenses and Certifications**

√Nevada State Aesthetician Licence-2017.

√Nevado State Massage Therapist License-2010.

√Los Angeles County Massage Technician License-May, 2008.

√Simi Valley City Massage Therapist License-2007.

√STCW

√CFPN

√ Dual Citizenship

√ Brazilian & American