



Alejandra Soto

PHYSICAL THERAPIST

EXPERIENCE

Physical Therapist self employment

January 2023- Now

- Orthopedic manual Therapy
- Chronic pain
- Massage Therapy
- Post- operative
- Sport Therapy
- Therapeutic Exercise

Physical Therapist in an elder residence

January 2023- March 2024

- Physiotherapeutic assessment in for the elder residents
- Therapeutic exercise
- Update of medical records
- Care of the elderly
- Manual Therapy
- Use of physical agents
- Postural and walking re-education

Intern as a physical therapist in a clinic "fisio 360"

January 2022- December 2022

- Patient care and update in medical records •Use of physical agents
- Therapeutic exercise
- Manual therapy
- Attention to athletes

College

Universidad Latinoamericana

Degree in physical therapist, graduated december 2022

Languages

English level B1

Spanish native

Soft Skills

- Problem-Solving skills
- Critical thinking skills
- Flexibility
- Communication skills
- Teamwork
- Organization skills
- Creativity

Contact



+52 777 218 8785



sotoale2427@hotmail.com



Mexico City.