



ALEJANDRA LAURENT BAQUEIRO

• Industrial Engineer passionate about exercise and dance •

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Location: Mérida, Yucatán México.

Date of Birth: January 25, 2001

WORK EXPERIENCE

Barré Coach (Certified)

Piso Cinco | 2022 - Present

- Managed group classes, tailoring routines to target specific muscle groups.
- Implemented various elements such as balls, bands, and weights into workout routines.
- Provided personalized attention to ensure proper technique and form.

Functional Training and Pilates Coach

Rogue Nation | 2024 - Present

- Taught proper exercise techniques and rhythm synchronization.
- Adapted class structure to suit different skill levels of participants.
- Created an energetic environment through music and choreography.

Receptionist

Rode Cycle | 2021

- Attended to over 200 clients and managed vendor relationships.
- Handled client purchases and administrative tasks.
- Managed inventory and cash flow using Excel

EXTRACURRICULAR ACTIVITIES

- **Member** of the University Gymnastics Aerobics Team | August 2023
- **Certified Barré Instructor** - The Dailey Method | October 2022
- **Group Advisor** for Apostolic Human and Christian Values Group | September 2021 - Present
- **President** of the Industrial Engineering Student Society | June 2022 - Present
- **Tap Dance Graduate** | June 2020
- **Classical Dance Graduate** | June 2019

EDUCATION

Bachelor of Industrial and Systems Engineering

Marista University of Mérida | August 2019 - June 2024

Industrial and Systems Engineering (student exchange)

University of Monterrey | January 2023 - June 2023

Private Fixed-Wing Pilot

iFLY Aeronautics University | August 2019 - June 2021

(Current License)

SKILLS

- Leadership
- Teamwork and discipline
- Proactive problem solving
- Commitment to personal growth

LANGUAGES

- English: Intermediate
- Spanish (native)