

CECILIA VERA

STEWARDESS/PERSONAL TRAINER



PERSONAL INFORMATION

Current Location: **Palma de Mallorca, Spain**
Phone: **+34.661.387.141**
Email: **ceciliavitalsport@gmail.com**
Nationality: **Spanish**
Languages: **Spanish, English (intermediate)**
License: **Yes**
No Tattoos, No Smoker

OBJECTIVE

At this moment, I seek to expand my experience as a crew member in the luxury yachts and thus continue to grow in the nautical sector. My ideal position would be a position as Stewardess / Personal Trainer aboard a 30-40m yacht, motor or sail, private or charter. I am a dynamic person, always very professionally focused in the world of Fitness and Physical Education. Passionate about sports, I have participated successfully in several swimming competitions. I am a good communicator, used to working in a team and also alone, always contributing energy and maintaining calm during periods of high workload.

QUALIFICATIONS

- STCW
- ENG-1 Medical Certificate

EDUCATION & TRAINING

- Luxury Yacht Interior Management Course at International Butler School
 - Silver Service, Housekeeping, Champagne and wine Service, Food Safety & Hygiene
- Passenger Ships at Escuela de Mar
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RELATED SKILLS

Accounting, Office (Word, Excel, PP), Pilates, nutrition, customer service, organisation, lines and fenders, swimming, first aid.

YACHTING EXPERIENCE

September 2018 **MY Blue Eyes, 60mt - CRN** **Port Adriano, Mallorca**

Position: **Stewardess (daywork)**

Duties/Description: Interior detailing, housekeeping, assisting Chief Stewardess during service. Lines and fenders during manoeuvres.

OTHER WORK EXPERIENCE

April - October 2013 **Pullmantour Monarch, 869ft Cruise Ship**

Cartagena, Colombia

Position: **Personal Trainer**

Duties/Description: Nutrition advisor through seminars and talks. pilates teacher, spinning and Aquafy,, coach and monitor.

May - Sept. 2012 **Expresso Boat 89 ft**

Alcudia, Mallorca

Position: **Stewardess**

Duties/Description: Inventories, accounting, provisioning, cooking, interior detailing, laundry service, assisting with lines and fenders at the port.

2014-2017 APTA Vital Sport

Palma de Mallorca

Position: ***Advisor for Fitness Monitors Training Course***

Duties/Responsibilities: teach about techniques and skills of one or more sports to people looking to become personal trainers.

OTHERS:

Personal trainer and other activities

I have worked as personal trainer leading collective lessons at companies like KINEA Fitness, TUTEMPO Alfafar and Metropolitan Valencia.

Lifeguard

During the summers from 2006-2018, I have worked as lifeguard at different companies like Vadepsa, Marsave, Caps performing first aid and life-saving duties

HOBBIES & INTERESTS

Swimming, music, dancing, reading and movies

REFERENCES

Name: **Pablo Celis Castillo**

Boat/Company: **APTA Vital Sport**

Phone Number: **+34.667.242.132**

Name: **Francisco Miguez**

Boat/Company: **Marsave Mallorca**

Phone Number: **+34.646.285.615**

Name: **Sotero Gutierrez Herboso**

Boat/Company: **MY Blue Eyes**

Phone Number: **+34.609.070.944**