**CESAR HUMBERTO VALDES BORUNDA**

Monte Misti 2607 Col. Cumbres 3 CP 31217 Chihuahua, Chihuahua

Cell: (52)614-357-37-55 email: chvb93@hotmail.es

**PROFILE**

International medical graduate characterized by a relentless pursuit of knowledge, I am a charismatic, empathetic, and composed professional who prioritizes the well-being of the costumer, their families, and fellow team members. I excel at fostering trust and collaboration in high-pressure environments. Fluent in both Spanish and English I am committed to continuous professional development and delivering exceptional care that enhances patient outcomes and advances organizational goals.

**PROFESSIONAL EXPERIENCE**

**Emergency medicine**

EM, emergency medicine doctor, Chihuahua, Chih April 2020-January 2025

Clinica panamericana / Christus Muguerza juventud

* Prompt and efficient response during medical emergencies to prevent adverse outcomes, with a focus on safeguarding the well-being of the patient, their families and coworkers.
* Advanced techniques and proficiency in the treatment and closure of complex wounds, utilizing multiple types of suturing techniques and materials to ensure optimal healing and cosmetic outcomes.
* Extensive knowledge in assessing and managing acute and chronic pain.

**Physician Resident**

EM, Christus Muguerza Juventud, Chihuahua, Chih April 2022 – January 2025

* Extensive expertise in chronic disease management and mental health, including anxiety and depression, with a patient-centered approach.
* Vast knowledge in the prevention of diseases, weight control, healthy lifestyle and mindfulness to improve physical and mental health outcomes.
* Skilled in providing high quality patient care with effectively prioritizing cases through triage, streamlining workflows. And guiding team members to ensure timely and efficient assistance for patients.
* Innate leader who fosters supportive, collaborative and assertive interactions with colleagues, staff and patients, ensuring mutual respect and a cohesive care experience.

**Bartender/Waiter**

Vallejo Fine Dining Chihuahua, Chihuahua April 2019 - April 2020

* Preparing and serving alcoholic and non-alcoholic beverages
* Crafting specialty drinks for customers.
* Maintaining a clean and organized bar area, keeping control of inventory.
* In charge of cash and credit payments.
* Stocking inventory and keeping track of missing supplies.
* Empathic, kind and respectful treatment to the client and coworkers.
* Keeping communication with the team to have a better work environment.

**Store clerk of an office supply retailer**

Officeschool Chihuahua, Chihuahua September 2018 – May 2019

* In charge of promoting and selling office supplies, depending on the customer’s needs and budget
* Ample knowledge on types of paper and their use
* Vast knowledge of Microsoft Word.
* Maintaining track of all supplies and stocking

**SKILLS**

* Excellent working under pressure.
* Empathic and patience, to anticipate other’s needs.
* Friendly and positive attitude.
* Great at multitasking and time management.
* Strong problem-solving to maintain a good service flow

**EDUCATION & CERTIFICATIONS**

American Heart Association

* BLS/CPR
* ACLS

Universidad de Durango, Campus Chihuahua

* Medical Doctor (International Medical Graduate)
* Chihuahua, Mexico – January 2020

**TECHNICAL EXPERTISE**

* Microsoft Office Suite: Strong command of Word, Excel, PowerPoint, and Excel for medical documentation, creating impactful presentations, and performing detailed data analysis.

**Languages**

* Bilingual: Fully fluent Spanish and English.
* Sign Language: Basic proficiency in universal and Mexican Sign Language and currently expanding skills by learning ASL.