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# Ignacio Torrente

**Lic. Physical Activity**

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Rosario, Argentina

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## Profile

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Nac. 05/04/2000

Organized and able to adapt easily. With great motivation and commitment to face any challenges proposed. Ease of working as a team. I am a person self-taught and constantly updated to acquire new knowledge.

My main objective is to continue with my professional development

to refine and elevate my knowledge and evolve my experience leading groups of athletes. My interest is focused on the development and preparation of training aimed at soccer teams.

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## Experience

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### **Personal Trainer - J Training Group.**

Mar. 2020 - Dic. 2022.

Rosario, Santa Fe, Argentina.

I worked as a personal trainer for various groups of people, different ages and level of training, so I must adapt and personalize training routines to the needs of each trainee.

### **Gym teacher - Nexus.**

Mar 2023 - Apr 2024.

Funes, Santa Fe, Argentina.

I worked as a teacher at the Nexus gym located in Funes, at the gym I must offer bodybuilding and fitness classes.  
functional.

### **Physical trainer - Ekipo Group.**

Apr. 2024 - Present.

Funes, Santa Fe, Argentina.

I am in charge of physical preparation in the first and reserve squads of the Grupo Ekipo club (Club del Gran Rosario).  
I also have similar tasks in the youth categories.

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## Training

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### **Fisherton Institute of Comprehensive Education/Secondary.**

2013 - 2017.

Rosario, Santa Fe, Argentina.

### **University of Gran Rosario/University.**

2019 - 2022.

Rosario, Santa Fe, Argentina.

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## Languages

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**English:** Intermediate level.