




# YESICA CARDOZO GENERO

 11/06/1988

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 Chacarita, Buenos Aires.  
Argentina

## OBJETIVES

Position as a Yoga, Acroyoga, and Meditation Instructor.  
Crew Member, Assistant, or General Tasks position

## PROFESSIONAL EXPERIENCE

### Yoga, Acroyoga and Meditation Teacher

- Online classes in Spanish and English | June 2020 - actually
- Yoga and Meditation Workshops | April 2019 Playa del Carmen, Mexico
- Yoga and Acroyoga Workshops in English | June 2019 Olympia, Greece.
- Yoga and Acrobatics Studios, Buenos Aires City. | March 2017 - December 2019

### Administrative and Customer Service

Lomas de Zamora University | March 2019 - December 2024

- Administrative tasks
- Receiving procedures

### Dean's Secretary

Lomas de Zamora University | February 2009 - February 2019

- Schedule management
- Reception of authorities.
- Catering service at meetings.

## EDUCATION

**Olympic Academy, Sport and Diplomacy**  
Olimpia, Grece, 2019

**Certified International Yoga Instructor**  
Buenos Aires, 20017

**High School**  
Buenos Aires, 2006

## SKILLS

- Effective communication
  - Proactive
- Quick learner
  - work under pressure

## LANGUAGES

**Spanish**  
Native.

**Italian**  
Basic/intermediate

**English**  
High level, fluid communication