



Verónica

PARRA


FIFNESS INSTRUCTOR

CAREER GOALS

I'm a excited about the opportunity to contribute my skills, experience and passion to drive success in this role and continue to grow professionally

PERSONAL & CONTACT DETAIL

 Paraguay, Asunción

 **0983 894333**

 vparra1998@gmail.com

EDUCATION

Montecarlos Ciencias del
Deporte

Colegio Técnico Rita Surroca de
Benítez

LANGUAGES

Castellano

Inglés

WORK EXPERIENCE

Gym Instructor

2021 - currently - Smartfit PY

Creation, planning and monitoring of personalized training based on the needs and objectives of each person.

Coordination of gym activities.

Teaching group fitness classes, zumba, fitdance

Gym Instructor

2019- Dragon Verde

Creation, planning and monitoring of personalized training based on the needs and objectives of each person.

Coordination of gym activities.

various Occupations

2016-2018-Montana SA

Receptionist
Management Assistant

HABILITES



Adaptability



Relationship



Energety