

RÉSUMÉ

ALFREDO AGUSTÍN LÓPEZ

Licensee¹ in Physical
Education



¹ Translator's Note: University Degree conferred after having completed a four-to-five-year program of studies.

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- Folio #7 Course Certificate on Physiological and Physiological Aspects of Childhood and Adolescence Sports. PHYSICAL EDUCATION DIRECTORATE, NATIONAL UNIVERSITY OF CÓRDOBA (UNC) May, 1992.
- Folio #8 Professional Sporting Career (Soccer)**
- Folio #9 Employment Certificate in Espíritu Santo School with Volleyball Teams. High School. Camps.
- Folio #10 Employment Certificate in Espíritu Santo Primary School.
- Folio #11 Certificate of Former Cadets of Liceo Militar General Paz (General Paz Army School). Summer School.
- Folio #12 Santa Rosa Municipality Certificate. Speaker on Soccer. 1993.
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- Folio #14 World Congress Certificate – World Courses – FIEP (International Federation of Physical Education) 1994. Folio #15 Speaker Certificate of the Argentine Association of Soccer Coaches. Mendoza branch. December, 1994.
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- Folio #17 Postgraduate Studies Certificate on Exercise Physiology. Havana, Cuba. February, 1995.**
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- Folio #34 Certificate of the 50th Anniversary Physical Education Teaching Training Program. July, 1996.
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- Folio #42 Certificate on Training Equipment. Pablo Pizzurno Institute. September, 1997.
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- Folio #44 Olympic Weightlifting Referee Title. "Weight-lifting." November, 1997.
- Folio #45 Course Speaker Certificate. Topics: Strength and Olympic Lifting. Córdoba/Salta/Tucumán. 1998.
- Folio #46 Second Argentine Convention of Personal Trainers.
- Folio #47 South American FIEP '99 (International Postgraduate Studies Fair) Congress and Mercosur Fifth Conference on Physical Education. June, 1999.
- Folio #48 Certificate on Marketing and Negotiation. August, 1999.

- Folio #49 Seventh International Symposium on Knowledge Updating on Sports Applied Sciences. Biosystem. August, 1999.
- Folio #50 Ibero-American Congress on Sports Nutrition Certificate. May, 2000.
- Folio #51 Certificate of Associate Professor of the Sports Training Physiology Chair. IPEF (Provincial Institute of Physical Education), Córdoba.
- Folio #52 Certificate of Soccer Physical Training in Atlético General Paz Junior Club. "Primera B" National League. December, 2000.
- Folio #53 Speaker Certificate of the 1st Course on Sports Medicine. National University of Córdoba. School of Medical Sciences. 2001
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- Folio #63 Speaker Certificate on Weight-lifting Module of the Human Physiology Chair and Institute. School of Medical Sciences. National University of Córdoba. December, 2002.
- Folio #64 Licentiate's Degree "University Professor". National University of La Plata. February, 2003.
- Folio #65 Personnel Concept sheet. IPEM (Provincial Institute of Secondary Education) 199. March, 2003.
- Folio #66 Personnel Concept sheet. IPEM 85 Anexo. March, 2003.
- Folio #67 Proof of Service. April, 2003.
- Folio #68 Speaker Certificate of the First Weight-lifting Conference. Municipality of Asuncion, Paraguay. August, 2003.
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- Folio #77 Teacher Concept Certificate IPEM 85 Anexo. April, 2005.
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- Folio #79 Speaker Certificate of the First Online Course of Soccer Physical Trainers. School of Medical Sciences. National University of Córdoba. December, 2005.**
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- Folio #83** Soccer Physical Training Diploma. APEFFA (Physical Education Teachers of Argentine Soccer Association). December, 2008.
- Folio #84 Speaker Certificate on Weight-lifting Module of the Human Physiology Chair and Institute. School of Medical Sciences. National University of Córdoba. December, 2009.
- Folio #85 Speaker Certificate on Weight-lifting Module of the Human Physiology Chair and Institute. School of Medical Sciences. National University of Córdoba. December, 2010.
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- Folio #87 Physical Trainer Assistant of Paraguay's National Soccer Team Certificate. Copa América 2011 (Gerardo Martino).**
- Folio #88 Speaker Certificate on Weight-lifting Module of the Human Physiology Chair and Institute. School of Medical Sciences. National University of Córdoba. December, 2012.
- Folio #89 Physical Training Coordinator of AFA's Lower Divisions and

- Local Teams of Instituto Atlético Central Córdoba club. Argentina, 2013.
- Folio #90 Speaker Certificate on Weight-lifting Module of the Human Physiology Chair and Institute. School of Medical Sciences. National University of Córdoba. December, 2013.
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- Folio #94 Current coach of professional and amateur soccer players. Barranca Fútbol Club.
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- Folio #98 Speaker Certificate in the Postgraduate Course of Studies in Sports Medicine. National University of Córdoba. November, 2015.
- Folio #99 CPR (Cardiopulmonary resuscitation) Course Certificate. Civil Defense and Red Cross. February, 2016.
- Folio #100 Speaker on Soccer Players' Physical Training and Strength. Valle de Punilla League. May, 2016.
- Folio #101 Speaker in the Course for Coaches at Barranca Fútbol Club. August and September, 2016.
- Folio #102 Speaker Certificate in the Postgraduate Course of Studies on Nutrition. October, 2016.
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- Folio #106 Speaker Certificate in the Postgraduate Course of Studies on Nutrition. October, 2017.
- Folio #107 Speaker Certificate in the Course on Knowledge Updating and Training of Physical Training Professionals. Physiology Chair, National University of Córdoba. September, 2018.
- Folio #108 Speaker Certificate in the 8th Edition of the Postgraduate Course of Studies on Sports Nutrition. Argentine Society of Nutrition. October, 2018.

Some highlights:

- General Coordinator of Sports Schools. General Paz Army School.
- Physical Training of Soccer Professional Team. General Paz Juniors. "Primera B" National League.
- General Coordinator of Strength Training. Club Atlético Instituto. Lower Divisions.
- Physical Training of Local and Professional Teams. Club Atlético Instituto.
- Person in charge of Physical Recovery activities of the Professional Team (injured sportsmen). Club Atlético Instituto.
- Co-author of the Theoretical Framework of the Book: "Applied Biomechanics: Muscle-building Technical Principles" whose author is the Licensee Luis Antoniazzi.
- Author of numerous articles on Strength Training.
- Physical Trainer of the First Division Team of Local Tournaments and the Argentine Tournament. Club Universitario.
- Coordinator of a great number of camps and solidarity activities which were organized with students of different schools with a Recreational and Religious Orientation.
- Physical Training Supervisor of different Córdoba Sports Agency's athletes and Free Players (Soccer players) in several gymnasiums.
- Speaker on Physical Preparation and Strength Training (Weight-lifting) in different Schools and Community Centers belonging to Córdoba's Municipality.
- General Coordinator and Head of Barranca Fútbol Club where athletes of different sports disciplines are physically trained, especially professional soccer players, such as: Mauricio Caranta, Jorge Carranza, Pablo Chavarría, Matías Suarez, Federico Bongiovani, Fido Castro, Juan Manuel Cobos, Ezequiel Lazaro, Hernán Boyero, Franco Sanchirico, Julio Moreyra, Emiliano Castro, Nicolas Bertolo, Gustavo Gotti, Wanchope Abila, Valentín Fauro, Facundo Poncio, Alejandro Rebola, Paulo Dybala, Javier Correa, Maxi Correa, Santi Molina, Jere Pérez, Gabi Suarez, Alex Jara, Nadaya, Claudio Roldan, among others.
In this Club, there are also Cultural Exchanges with Soccer Players from US Universities.
- Speaker on numerous Local, National and International Congresses and Workshops on Strength (Weight-lifting).
- Physical Trainer of AFA's divisions at Club Atlético Belgrano.
- Speaker on the subject Weight-lifting of the Physical Trainer and Coach Course delivered by the School of Physiotherapy and Kinesiology. National University of Córdoba.
- General Coordinator of Club Atlético Unión Florida's Soccer Department, which is a member of the Córdoba Football Association. 2008.
- Co-author of the Theoretical Framework of the Second Edition of the book: "Applied Biomechanics: Muscle-building Technical Principles" whose author is the Licensee Luis Antoniazzi.
- Physical Trainer of Club Huracán for the Provincial Tournament (First Division).

- Javier Nicossia's Trainer. Gold Medal at the Pan-American Games. Guadalajara, 2011. **"ROMBO DE ORO"** and **"CÓRDOBA CUNA DE CAMPEONES"** prizes.
- **Personal Trainer of Daniel Cajiao, Fitness World Runner-up. New York, USA; Seoul, Korea.**
- Personal Trainer of different Professional Soccer Players and Athletes of Córdoba Sports Agency.
- **Personal Trainer of Soledad García, player of Las Leonas (Argentina women's national field hockey team). Pan American, Olympic and World champion.**
- **Personal Trainer of Hernán D'Arcangelo, National and Pan American Squash champion (#1 National Ranking).**
- **Professional Master's Degree in Soccer Players' High Performance and NEUROSCIENCE of STRENGTH Training. FC Barcelona Foundation. December, 2016.**



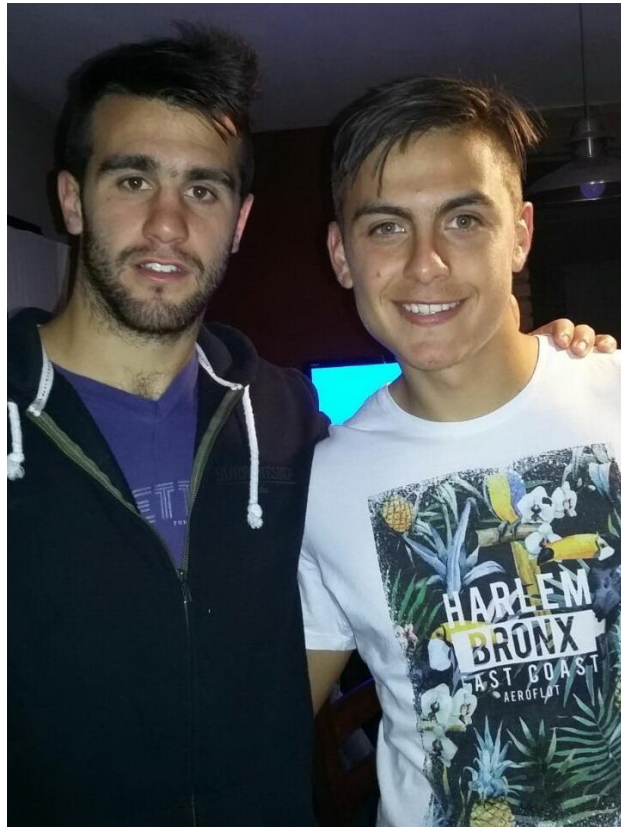
Valentín Fauro (U17 Argentine National Team), Alfredo Agustín López (Puchy), Daniel Cajiao (2015 World Fitness Model Runner-up, Korea)



Valentín Fauro (U17 Argentine National Team), Alfredo Agustín López (Puchy)



Alfredo Agustín López (Puchy), Daniel Cajiao (2015 World Fitness Model Runner-up, Korea)



Gustavo Gotty and Paulo Dybala



Wanchope Abila

“DIA A DIA” NEWSPAPER ARTICLE.
Córdoba 01/23/2015



Instituto Youth League's Forward to U17

DEPORTES 23/01/2015 18:57

Valentín Fauro Goes to U17 Pre-season

The young player, son of Talleres' former manager, was called to play the South American Tournament next March in Paraguay. "I'm 100 percent ready," he claimed.



By: [Jorge Nahum](#)

He spent January and his holidays training hard, waiting for a call that finally came. Valentín Fauro, Instituto's Youth League Forward, was called once again by Miguel Angel Lemme to play in the U17 National Team, which is getting ready for the U17 South American Tournament in Paraguay.

"We're 30 and 23 will be selected. We have to be ready on Monday and we'll travel with Federico Bonansea, Belgrano's goalkeeper, who was also called once again. I was waiting for the call; I've trained during January with ALFREDO PUCHY LOPEZ and I'm 100 percent physically ready," explained the forward

young player, son of Antonio Pichi Fauro, Talleres' former manager.

"I did the same as in a First Division pre-season, with double-shift, gym. A great effort but it is worth it. Now, I'll do my best during this preparation month in Ezeiza to be in the final list," he added.

Apart from Fede Bonansea, he became friends with Thiago Ruíz Díaz and Facundo Pardo, both from Newell's, who warned him there will be Play Station competitions. "I know most of them because they were part of the same group who trained last year. It will be a tough month and I want to be in Paraguay, I'm confident I will be there," he finished.

PERSONAL INFORMATION

Name and Surname: López, Alfredo Agustín.

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Physical Education University Professor (University of La Plata).
Licentiate Degree in Physical Education (University of La Plata).
Postgraduate Studies in Havana – Cuba (above mentioned).
Studies in progress: Doctorate in Pedagogical Sciences (Havana –
Cuba) Specialization in Soccer.

PROFESSIONAL SOCCER PLAYER STAGE





Alfredo Agustín López
Licensee in Physical Education