



# ANTONIO JESUS MONGE ARRIAZA

SPORTS SCIENCE & P.E. TEACHER

## CONTACT

@ antoniomongearriaza@gmail.com

+34 625 926 914

## ABOUT ME

I have dedicated my academic training to the study of sports at all levels from school to high performance. Although in my working life I have held a wide variety of jobs that were not related to my studies. I really am a person who knows what he needs depending on the moment, which is why I have extensive background. I adapt quite well to all types of work and I always get fully involved in all of them.

I am looking for an opportunity that challenges me personally and motivates me to improve personally and professionally.

## LANGUAGES

Spanish: Native

English: Advance

B2 Certificated - 2018

## PROFESSIONAL SUMMARY

Personal trainer MLTrainer

October 2022-December 2023

Injury rehabilitation specialist Real Betis Balompie

June 2022-September 2022

Performance coach Real Deportivo de la Coruña

May 2021-June 2022

Athlete Nike Style Outlet Coruña

June 2021-October 2021

Clerk store Brico Depot Coruña

March 2020-October 2020

Clerk store Adidas Style Outlet Coruña

December 2019-March 2020

Physical Education Teacher Virgen del Pilar CEIP

September 2019-December 2019

## EDUCATION

2019 Physical Education Teacher degree

University of Huelva

2021 Sport Science degree

University of Coruña

2022 Performance Coach Soccer master

Football Science Institute

## HABILITIES

Teamwork



Motivated



Disciplined



Resourceful



Energetic



People oriented

