## Name: Aries F. Arteaga Castellanos Contact number: (564)227-6857 *e*-mail: <u>fisio.aries13@gmail.com</u> Houston, texas.

# **PROFESSIONAL EXPERIENCE**

Current Position	Associate bilingual Teacher - Best Elementary school.	(Teacher)	
9/15 – 6/16	Independent	(Au Pair),	
	Vancouver, WA.		
	Prepared healthy foods and beverages for children based on optimal dietary guidelines and individual		
	restrictions. Maintained children's areas neat and clean. Assisted with	housework such as laundry and	
	cooking. Implemented daily routine to maintain structure and stability		
04/22 42/22			
01/22 – 12/22	Fisio CPV	(Physical Therapist)	
	Valencia, VENEZUELA (VNZ).		
	Mentored and worked along with physical therapy interns, students, assistants, and technicians. I also		
	served as a clinical resource for special interest groups and medical services volunteer.		

## LANGUAGES

- English: written, spoken, understanding (professional and academic)
- Spanish: written, spoken, understanding (proficient)

# **COLLEGE EDUCATION**

11/23 - present	HCCS Houston Community College, Houston, TX. General Education credits.
01/23 – 07/23	Clark College, Vancouver, WA. ESL program.
01/23 - 11/23	Pax Learning Center, Vancouver, WA. ESL program.
02/15 - 12/20	Universidad Arturo Michelena, Valencia, VENEZUELA (VNZ). Bachelors in Health Sciences and Physical Therapy.

# HIGH SCHOOL EDUCATION

09/09 - 06/13 **Colegio Madre Candelaria**, Guarico, VENEZUELA (VNZ). 9<sup>th</sup> Grade, 10<sup>th</sup> Grade, 11<sup>th</sup> Grade and 12<sup>th</sup>

## **CONTINUING EDUCATION**

#### Physical Therapy

- Mobility and Flexibility in Human Performance. Valencia, VNZ. 16h. 06/2022.
- Diploma in Manual and Sports Therapy. Valencia, VNZ. 180h. 09/2021.
- International Certification in Neural Therapy. Valencia, VNZ. 20h. 01/2020.
- Certification in Kinesio Taping. Valencia, VNZ. 12h. 03/2018.
- Certification in Sports Massages. Valencia, VNZ. 12h. 08/2017.
- *Hydrotherapy Basic course.* Valencia, VNZ. 20h. 12/2016.

#### American Red Cross

- Basic Life Support. Washington, WA. 06/2023 (current).
  - Adult, Child and Baby First Aid/CPR/AED
  - Certificate ID: 017VMUQ.

## **VOLUNTEER SERVICES**

- Skilled Nursing Facility: *Mis queridos abuelos*. Valencia, VNZ. 06/2018, (5weeks).
- Sports Rehabilitation Center: Tennis on wheels. Houston, TX. 07/2018, (5 weeks).
- Pediatric center: KOKIGYM. Valencia, VNZ. 11/2018, (6 weeks).
- Rehabilitation Center: Valencia Salud. Valencia, VNZ. 03/2020, (6 weeks).