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EDUCATION

Bachelor's Degree in Physiotherapy

Technological University of Mexico, Toluca, State of México

January/2019 – December/2022

CAREER-RELATED EXPERIENCE

CevaFin (physical and Comprehensive Evaluation Center)

October/2023 – May 2024

My performance in the clinic working with Rehabilitation Physicians included the following areas:

- Application of physical agents in the areas of electrotherapy, ultrasound and thermal agents
- Exercise prescription in sports athletes who have suffered an injury to reintroduce them to the game
- Treatment of elderly patients to improve their mobility due to deterioration due to age

Aesthetic Physician Assistant

29 Dec/2022 – September 2023

Skinthetics Clinic, Toluca

- Assisted with Aesthetic procedures to a Physician
- Corporal Massage
- Performed ultrasound, cavitation, radiofrequency, laser diode and carboxytherapy sessions
- Answered patients inquiries on the phone and in person
- Organized the clinic's online agenda

Physical Therapy Practitioner

31 Oct/2022 - 18 Dec/2022

State Center for Rehabilitation and Special Education, Toluca,
State of Mexico

- Evaluation in early stimulation for the prevention and treatment of children with neurological deficits
- Exercise prescription in children and adults with therapy care
- Application of physical agents in the areas of electrotherapy, ultrasound and thermal agents
- Assisted in the hydrotherapy sector

Intern Intrahospital Physiotherapist

1Feb/2022 – 2Sep/2022

Issemym Medical Center, Toluca, State of Mexico

My performance included the following areas: Neurosurgery, Coronary Care Unit, Internal Medicine, Pulmonology, Thoracic Surgery and Outpatient Consultation for outpatients, in which I carried out the following activities:

- Accomplished SOAP type notes
- Observed an neurosurgery to remove a tumor
- Solved the lack of organization in the agenda of outpatients
- Communicated with the team to performances new treatments
- Prevention of heart disease through health education to a group of hospitalized adults
- Prescription of therapeutic exercise in the mentioned areas
- Communicated to patients the preventions of the precautions they must take due to the covid-19

COMMUNITY INVOLVEMENT

Friends and Christ

January 2018-2022

- Supervised a group of 25 youths between the ages of 17-28 in spiritual retirement
- Created a multiple activities of 8 adults and children between the ages 50-70 and 5-12
- Proposed new ways to earn money for spiritual retreats
- Delegated activities to the team
- Communicated with new members prior to their arrival, advice and assisted them during the entire spiritual retirement
- Encouraged to youths to participate and open to new experiences in the retirement

ADDITIONAL WORK EXPERIENCE

Summer Course ("Salon The Unicorns" Lerma)

12 July /2021-13August/2021

- Created a multiple activities of 25 children between the ages 4-12
- Supervised the safety of children
- Integrated with the staff new ideas to have fun for the children
- Helped with the cook activities

SKILLS AND INTERESTS

Languages: Spanish Fluent and English Intermediate Advanced

Software: Microsoft Office Word, Microsoft Teams, Basic Excel

Interests: Reading (Scientific articles and leadership and self-improvement books) Community Services

Sports: Basketball (Team Captain in high school) Soccer (striker player in high school) Crossfitter and boxing