

CURRICULUM VITAE

PERSONAL INFORMATION

JUAN ROMOLO CARVALHO SODRÉ CAVINA

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Foreign language: Fluent English and intermediate Spanish

EDUCATION

- Colégio Pedro II – Unidade Tijuca II – Completed in 2006
- Bachelor's degree in Physical Education from the Federal University of Rio de Janeiro; School of Physical Education and Sports completed in 2011
- Postgraduate degree in Sports Training from the Federal University of Rio de Janeiro - in progress

ADDITIONAL COURSES

- Reserve Officers Training Course (CFOR); Reserve Officers Preparation Center (CPOR) – 2007
- II Physiology and Physical Preparation Course of Fluminense Football Club – 2008
- TetraPrep course for training and preparation for Soccer Coach in the United States – 2012
- Olympic Weightlifting Course by CREF – April 2018
- CrossFit Level 1 Trainer – May 2018
- Performance Analysis and Scout Course by The360 - online format
- Performance Analysis Course by Universidade do Futebol - online format
- Collective and Individual Analysis Course by Owl Stats Academy - online format
- License C CBF Academy - 2019
- License B CBF Academy - 2024

PROFESSIONAL EXPERIENCE

- Internship at the Flamengo Soccer School, from 2008 to 2009; • Internship in bodybuilding and physical assessment at the Club Six Gym, from 2008 to 2011;
- Internship in physical preparation, physiology, observation, talent detection and scouting in the U15 category, field soccer, at Fluminense Football Club, in 2009;
- Internship in physical preparation, physiology, observation, talent detection and scouting in the U17 category, field soccer, at Fluminense Football Club, from 2010 to 2011;
- Physical trainer for the U13 category, field soccer, at América Football Club in 2011;
- Coach for the U13 category, field soccer, at América Football Club in 2011;
- Soccer coach at TetraBrazil Soccer Academy in the state of Texas, United States, in 2012;
- Soccer teacher at the Rio em Forma Olímpico project from 2013 to 2016; • Weight training instructor at MVA gym from 2012 to 2020;
- CrossFit coach at Klaus Centro Físico from 2018 to 2023.
- Performance analyst at Owl Stats from 2021 to 2022.
- Soccer instructor at Escolinha do Flamengo, Riomar unit, 2023
- Soccer coach at Brazilian United Soccer Academy in Maryland, United States, in 2023;
- Performance analyst for the professional team of America Football Club in 2024.
- Teacher at Escola de Futebol do Fluminense Guerreirinhos, Recreio unit, 2024.