



FACUNDO CASANOVAS

BACHELOR'S DEGREE IN EXERCISE SCIENCE

PROFESSIONAL BIOGRAPHY

Highly committed and responsible when facing challenges in both work and academics.

Strong enthusiasm for ongoing professional development and growth.

CONTACT

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📷 pf.facundocasanovas

ALTERNATIVE CONFIGURATIONS

Level 1 anthropometrist certified by ISAK.

Certified Physical Trainer, ICAADE.

Course in Exercise Physiology, IICEFS.

PROFESSIONAL EXPERIENCE

Nexos_performance, Coaching

2021-2024

I currently work at a gym, catering to athletes and the general population in a semi-personalized manner.

Personal training services, online or in-person options.

2020-PRESENT

Tailored training for the general public and/or athletes with ongoing supervision and assessment.

Synergy Training, Instructor

2019-2021

I worked as a trainer at a gym, overseeing groups of 4-5 individuals per shift, conducting semi-personalized training sessions.

Sarmiento de Junín Club, Physical Preparer

2018

I oversaw the physical preparation of the men's soccer 4th division, which competed in the Argentine Soccer Association A.F.A. training category championship.

TRAINING

Concepción del Uruguay University

Bachelor of Exercise Science

2019-2021

Higher Institute of Teaching and Technical Training No. 20 in Junín City

Physical Education Instructor

2013-2018