

# Katyna Suset Montes Arenas

Technician in Automatic Systems Maintenance.  
Swimming Instructor.  
Professional Lifeguard.  
Open Water Lifeguard.  
Jet Ski Rescue Specialist.  
Aquatic Rescue Brigadier

## Contact Information :

Name: Katyna Suset Montes Arenas

Age:25

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La Guadalupeana, Solidaridad, Quintana Roo  
México.

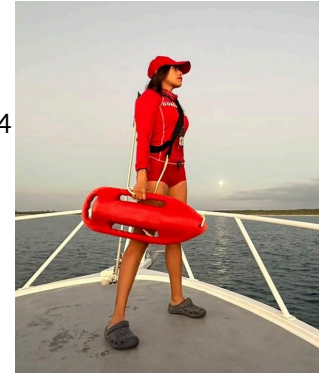
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Languages: English and Spanish.

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## Skills

I am a hardworking, responsible, and customer-focused individual with excellent communication skills, a positive attitude, and a strong desire for professional growth. I possess the ability to work well under pressure, think critically, and make informed decisions. I am a team player with a strong work ethic and a commitment to delivering exceptional results.

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## Professional Experience

- *Administrative Assistant | Secretary of Culture and Sports (May 2019 - April 2020)*
- *Swimming Instructor | Secretary of Culture and Sports (May 2019 - April 2020)*
- *Sales Assistant | Ethernet Ojo de Agua (May 2020 - January 2021)*
- *Swimming Instructor | Olympus Ojo de Agua (February 2021 - April 2021)*
- *Swimming Instructor | Evolution HPT (May 2021 - August 2021)*
- *Administrative Assistant and Sales Agent | Mat Maintenance and Repairs (August 2021 - February 2023)*
- *Manager | Don Yuki (February 2023 - June 2023)*
- *Swimming Instructor and Lifeguard | Sport City (June 2023 - August 2023)*
- *Lifeguard | Parque Xcaret (September 2023 - January 2025)*

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## Educational Background and Professional Certifications

- ★ Automatic Systems Maintenance Technician(CONALEP)2017.
- ★ Open Water Techniques Instructor, Swimming Instructor and Infant Swimming Instructor(SICCED)2020.
- ★ Certified Professional Lifeguard(PROGUARDAVIDAS)2023.
- ★ Standard of Service and Quality Certification(FORBES)2023.
- ★ Certified Professional Lifeguard, First Aid, CPR, AED, Water Rescue, and Aquatic Safety with COVID-19 Protocol(RESSA, IAAPA, FMAS, CONADE, CDM)2024.
- ★ Certified Open Water Lifeguard(RESSA, FMAS, CMAS, CONADE, CDM)2024.
- ★ Certified Jet Ski Rescuer( RESSA, FMAS)2024.
- ★ Certified Aquatic Rescue Brigadier(RESSA, PROTECCIÓN CIVIL)2024.
- ★ Certified Fire Extinguisher Handling and Use(PROTECCIÓN CIVIL)2024.
- ★ Certified Professional Lifeguard, First Aid, CPR, AED, Water Rescue, and Aquatic Safety(FORMACIÓN Y CAPACITACIÓN DE GUARDAVIDAS, PROTECCIÓN CIVIL Y BOMBEROS)2025.

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## Additional Information

Open Water swimmer

Marathon runner

Triathlete

Proficient in Microsoft Office Suite.

Private driver's license

