



# RAMIRO OHANA

## WHO AM I?

- Name and last name: Ramiro Ohana
- Date of birth: 16/11/2000
- ID: 43.081.024 – CUIT/L: 20-43081024-4
- Nationality: Argentina
- Locality: Recoleta, CABA, Buenos Aires

## CONTACT

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-  Rama Ohana

## PROGRAMS

- Canva
- Word
- PowerPoint
- Adobe Premiere
- Camtasia Studio
- Excel

## LANGUAGE

- ✓ Spanish (native language)
- ✓ English (medium level)

## JOURNALIST COMMUNITY MANAGER PERSONAL TRAINER

## WORK EXPERIENCE

- I wrote for the company Alivia Media through the website "Soy Madridista".
- I wrote for the sports media "Vermouth Deportivo".
- I wrote for the business media "Diario Business News".
- Collaborator in "Con agujas en la lengua", Luis Beldi's program that comes out on "Radio Concepto (FM 95.5)".
- Community Manager at NeuroFut LAB (Instagram), a training project related to neuroscience and sport.
- Creator of the page "Calentando Motores" (Instagram), in which I cover all the information about Formula 1 and MotoGP.
- Administration/receptionist at "Life Center Elegance Gym" in "Patio Bullrich" (1165452694/elegancegym@lifecenter.com.ar).

## STUDIES

### 2013 to 2018

- Secondary completed at the "Orsino Institute".
- Bachelor in Orientation in Exact and Natural Sciences.
- Average: 8.17

### 2019 to 2021

- Graduated from "Tea & Deportea".
- Specialized in sports journalism.

### February 2020

- Community Manager course in "Capacitarte"

### April 2024 to August 2024

- Personal Trainer course in the "European Center of Physical Education".

# PERSONAL TRAINER



## PERSONAL TRAINER COURSE IN "CEEF"

In August 2024 I received my Personal Trainer diploma from the "European Centre for Physical Education", which has international recognition and, since then, has allowed me to have a wide client agenda.

**life  
center  
elegance  
gym.**

## COACH IN "Life Center Elegance GYM"

Since 2021 I have been working at "Life Center Elegance GYM" as an administrator and trainer. In 2024 I started working as a Personal Trainer.