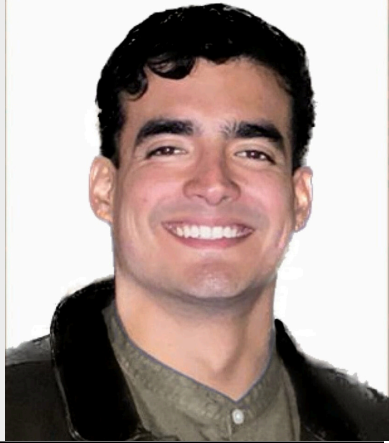


Jose Carlos Florez Ganoza

PERSONAL TRAINER

I am a strength and conditioning coach committed to comprehensive physical development, with experience planning personalized routines, tracking progress, and motivating people of all fitness levels. I specialize in strength training techniques, postural correction, and injury prevention, always seeking to create a safe and motivating environment to achieve each client's goals. My approach combines up-to-date knowledge of anatomy, nutrition, and sports performance with a strong commitment to mentoring and continuous improvement.



25 years old

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Lima, Perú

EDUCATION	<div>2025</div> <div>PERSONAL TRAINER - MASTER IN BODYBUILDING AND NUTRITION</div> <div>D´ Fitness Perú</div> <div>2025</div> <div>EXCEL COURSE 12 -I</div> <div>CCE Perú</div> <div>2024-2025</div> <div>MARKETING</div> <div>Universidad de Palermo - Argentina</div> <div>2017-2020</div> <div>INDUSTRIAL ENGINEERING</div> <div>Universidad de Lima</div>
EXPERIENCE	<div>MARCH 2025 - APRIL 2025</div> <div>ADMINISTRATIVE AREA, SMART FIT LIMA</div> <div><ul style="list-style-type: none">• Provided advice on available services.• Customer service, consistently offering excellent assistance.</div> <div>SEPTEMBER 2024 - NOVEMBER 2024</div> <div>CUSTOMER SERVICE, SCOTIABANK LIMA</div> <div>International financial institution.</div> <div><ul style="list-style-type: none">• In-person customer service for various transactions, recommending the bank's products and services.</div> <div>DECEMBER 2019 - PRESENT</div> <div>ORIFLAME SALES LIMA</div> <div>Swedish cosmetics company present in 60 countries, with 56 years of global experience and 29 years in Peru.</div> <div><ul style="list-style-type: none">• Direct sale of cosmetic products.• Promotion and advertising of cosmetic products through social media.</div>
SKILLS	<ul style="list-style-type: none">• Leadership• Teamwork• Proactivity• Communication• Multi Tasking
LANGUAGES	<ul style="list-style-type: none">• SPANISH - NATIVE• ENGLISH - INTERMEDIATE