

CARLOS IGNACIO RODRÍGUEZ STRADA  
9 de Julio 3629  
Santa Fe-Argentina  
Tel: (0342) 154676655

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STUDIES

Teacher / Professor of Physical Education, Higher Institute of Physical Education. (1998)

Bachelor of Computer Science, Secondary School No. 59 "Our Lady of Fatima" (1994)

WORK

BACKGROUND

Club "Ciclón Racing": 2008

Physical Trainer Ciclón Racing, 2009 Season, Coach: Julio Werro

Physical Trainer Ciclón Racing, 2008 Season, Coach: Oscar Aguirre.

Physical Trainer Ciclón Racing Season 2008, DT: Carughi Ignacio,

AC: Taravini Leandro 2008

Club "Atlético Unión de Santa Fe: 2006 / Current

Performance Area Coordinator of Club Atletico Union (2024-current))

Physical Trainer 5th AFA, Club Atletico Union 2025

Physical Trainer 4th AFA, Club Atletico Union 2024

Physical Trainer 5th AFA, Club Atletico Union 2023

Physical Trainer 4th AFA, Club Atletico Union 2022

Collaborator as Physical Trainer in the 1st div squad. DT: Juan Asconzabal / 2021

Collaborator as Physical Trainer in the AFA Reserve squad DT: Marcelo Mosset / 2021

Physical Trainer 4th AFA, Club Atletico Union 2021

Physical Trainer 5th AFA, Club Atletico Union 2020

Physical Trainer 4th AFA, Club Atletico Union 2019

Physical Trainer 5th AFA, Club Atletico Union 2018

Physical Trainer 4th AFA, Club Atletico Union 2017

Physical Trainer 4th AFA, Club Atletico Union 2nd semester 2016

Physical Trainer 5th AFA, Club Atletico Union 1st semester 2016

Physical Trainer 6th AFA, Club Atletico Union. 2015

Physical Trainer 1st of the Santa Fe League, Club Atletico Union. 2014

Physical Trainer 4th AFA, Club Atletico Union. 2013

Physical Trainer 5th AFA, Club Atletico Union. 2011/2012

Physical Trainer 2nd Season 2010/2011 Coach: Frank Dario Kudelka, AC: Raul Armando, Pf: Muro Cerutti

Physical Trainer 2nd Season 2009 Coach: Ariel Katinot, AC: Ricardo Altamirano, PF: Calderón Facundo.

Physical Trainer 2nd Season 2009/2010 "Closing and Opening Tournament" DT: Fernando Ali, AC: Sergio Lerman, PF: Guillermo Fernandez

Coordinator of the football players' pension

Physical Trainer 2 Club Atlético Unión 2008, DT: Fernando Quiroz,

AC: Molinari, PF: Collman. (NATIONAL B)

Physical Trainer 2 Club Atlético Unión de Santa Fe Apertura 2008, DT: Claudio Gugnali, AC: Marcelo Ramos, PF: Alfonso Meoni. (NATIONAL B)

Physical Trainer 2 season 2006-2007. DT: Carlos Trullet, AC: Horacio Humoller, PF: Guillermo Fernandez (NATIONAL B)

Physical Trainer selective team. DT: Claudio Gugnali.

Physical Trainer selective team. DT: Alejandro Curcio Pf: Guillermo Fernandez

Universidad Catolica de Santa Fe (UCSF)

Director of the Sports Department of the Universidad Catolica de Santa Fe /current

Administrative employee, Statistics Department. 2010/ 2016

D.G. SILVA School, Position held as Preceptor in 3rd and 5th years night shift.

Instituto Superior de Educación Física (I.S.E.F): 2005

Associate professor in the course: "Training for field and team sports" in charge of the Professor: Guillermo Fernández.

Associate professor in the course: "Sports training". Professor: Elvio Schneider.

Personalized training: 2004

Strength coach for Judokas.

Strength coach for swimmer Agustina De Giovanni.

Club Regatas Santa Fe: 2000/2006

Physical Trainer for women's volleyball, 1st division

Collaborator in the strength training of the lower volleyball divisions.

Collaborator and exhibitor on the website: [www.crsf.org.ar](http://www.crsf.org.ar)

Physical Trainer for the official swimming team.

Physical Trainer for the 1st division rugby team.

Physical Trainer for the women's volleyball team (1st division) National League.

Strength coach for the Water Polo team.

Teacher in the weight room.

Colegio "El Portal": 2000/2005

Initial level Physical Education teacher

1st level EGB swimming teacher

3rd level EGB swimming teacher

Substitute Physical Education teacher, primary and initial level.

Channel 6: 2004

Panelist on the television program, "Health and Movement", topic: Strength training for health.

"Manuel Estrada" School: 2002/2004

Substitute Physical Education teacher at the primary level.

"Bolívar Signia" Club: 2003

Collaborator in the talent detection program

Sports Directorate of the Province of Santa Fe: 2001

Assistant Physical Education teacher in the program of activities for children with asthma.

"La Salle Jobson" School:

Substitute Physical Education teacher 2001

“Nuestra Señora de Fátima” School: 1999/2001

Substitute Physical Education teacher at the primary and secondary level.

“Kalos” Gym: 1999/2000

Weight training room teacher

“Beato Arnoldo Janssen” Private School: 1999

Substitute Physical Education teacher

National University of Litoral: 1998/1999

Vacation Camp Assistant

“Vamos a Nadar” Academy: 1997

#### SPECIALIZATION COURSES

- Lecturer at Course for Coaches and Physical Trainers, Club Atletico Union. (2022-2023-2024)
- Course “Application and GPS technology”, Lecturer: Leandro Vilariño (2021)
- Planning of resistance in team sports. Lecturer, Gaston Garcia. (2021)
- GPS and Software Course Lagala Colli 2016.
- Lecturer at Course for Coaches and Physical Trainers, Club Atletico Union. (2015)
- “Annual Bodybuilding Course 757”, given at the National University of Litoral (UNL).  
Lecturer: Roman Gorosito. (2011)
- “Sports Psychology Symposium”. Given at the National University of Litoral (UNL). Speaker: Marcelo Roffe. (2008)
- Speaker of the “Distance course for volleyball coaches”, Universidad Nacional del Litoral, taught by Professor Rodolfo Quirós. Publication of bibliography on the subject. (2006)
- Speaker of the “National Volleyball Coach Course Level II”, taught at the Club de Regatas Santa Fe, by Professor Rodolfo Quirós. (2004)
- “National Volleyball Coach Level II”. Taught at the Club de Regatas Santa Fe (2004)
- “Psychology applied to high and medium performance”, taught by the Spanish psychologist Dr. Antonio Hernández Mendo. (2004)
- “The Development of physical capacities in school and in the club”, Universidad Nacional del Litoral. Taught by Prof. Norberto Alarcón. (2004)

- "Volleyball Coaches for 2nd and 3rd cycle of E.G.B.". Given at the "La Salle Jobson" Institute (2003)
- "1st Intensive Course on Fitness and Marketing", Given at the "Kalos" Gym, by Lic. Ana Laura Castro.
- "Annual Course on Physical Trainer" (level 2). Given in the city of Rosario (2001-2002)
- Assistant in the scientific sessions of the "International Symposium on Sports Training, Exercise Physiology and Nutrition for Competitive Sports". Given in the city of Rosario. (2001)
- "Exercise Physiology and Nutrition for Competitive Sports" International Symposium on Sports Training. Given at the "Kalos" Gym. (2001)
- "Nutrition applied to sport". Taught at the "Kalos" Gym, (2001)
- "Hard Box" Course, Taught at the "Kalos" Gym. (2000)
- "Intensive Personal Trainer Course". Taught at the Higher Institute of Physical Education. (I.S.E.F) (2000)
- "Physical Activities for people with cardiovascular problems". Taught in Paraná (1998)
- "Annual course for physical trainer", declared of interest by: Argentine Olympic Committee. National Sports Secretariat. Argentine Sports Confederation. Ministry of Education of the Province of Santa Fe (1997)
- "First Latin American Symposium on Applied Sciences to Football", (1997).

## COMPUTATION

Mastery of Microsoft Word, Excel, Power Point.

## PERSONAL DATA

Date of birth: 02/03/1977

Marital status: Separated

Children: 2

DNI: 25.803.686

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