



## CONTACT

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**Phone number:** +506 8949-6556

**Date of birth:** November 28<sup>th</sup>, 1984

**Nationality:** Costa Rican

## SKILLS

Costumer Service

Ethical Commitment

Personalized Services

## LANGUAGES

English

Spanish

## STYLIST, MASSEUR AND BEAUTICIAN

# Kriss Fonseca Solís

## PROFILE

*I am a professional with 8 years of experience in a daily basis. I specialize in customer service, diagnosing issues and deficiencies, I give personalized treatments to each of my clients.*

## EXPERIENCE

### MASSEUR AND BEAUTICIAN

**Sunset Body Works | Uvita | February 2023- Present**

- Massages (Deep tissue, relaxing, intensive, sports, swedish)
- Henna eyebrow design
- Facials (Deep and basic cleansings) Body (Peels, wraps, cryo-gel, thermogel, cold bandages)
- Waxing (Facial and Body) Basic Manicure & Pedicure
- Swedish massage
- Aromatherapy
- Reflexology

### STYLIST, MASSEUR AND BEAUTICIAN

**Jolie Visage Beauty Center | Pinar del Río, Palmares | February 2021- February 2023**

- Personal business.
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### BEAUTICIAN

**Claudia Estética | Sinaí, San Isidro del General | December 2010- present**

- Henna eyebrow design
- Facials (Deep and basic cleansings) Body (Peels, wraps, cryo-gel, thermo gel, cold bandages)

## EDUCATION

**December 1998**

### **Basic General Education (Primary)**

Peñas Blancas School,  
Peñas Blancas, General Viejo

**April 2022**

### **High school**

Fernando Volio Jiménez High School,  
Palmares, Pérez Zeledón

**September 2010**

### **Second Cycle of Secondary**

Liceo Nocturno de Pérez Zeledón,  
Palmares, Pérez Zeledón

**November 2016**

### **Professional Stylist**

IECSA Professional Beauty Institute,  
San Ramón, Alajuela

**January 2017**

### **Professional Masseur and Esthetician**

COSVIC Institute  
San Ramón, Alajuela

- Waxing (Facial and body) Facial-body appliances (Radiofrequency, ultrasound, ultra cavitation, vacuum therapy, microdermabrasion, ozone vapor, LED mask)

## MASSEUR

**Glow Beauty Center | San Isidro, Pérez Zeledón |  
January 2018-February 2021**

Massages (Relaxing, Sports, Lymphatic, Reductive, Intensive)

## HAIR STYLIST SHINE SALON | SAN RAMON, ALAJUELA

**March 2016- November 2017**

- Haircuts for women and men
- Hair treatments (nourishing and aesthetic)

## COURSES

**December 2012**

English Language

**October 2024**

English Private tutoring  
Level B1 ( intermediate)

## CERTIFICATES

**July 2020**

Eyebrow bleaching and tinting with thuya

- PECOSA

**October 2020**

Eyelash extensions hair by hair

- Claudia Aesthetic & Spa Center for Holistic & Body Studies

**November 2019**

Henna eyebrow design

- Aesthetic Training Institute

**October 2019**

Eyelash wavy

- Aesthetic Training Institute

**November 2014**

Keratin Demonstration Course

- IECSA Professional Beauty Institute

