

LEONARDO IPARRAGUIRRE

PHYSICAL COACH - BRAZILIAN

50 YEARS OLD

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## Qualifications:

- BACHELOR DEGREE | PHYSICAL EDUCATION
- PHYSIOLOGY COURSE
- PHYSICAL EVALUATION COURSE
- STRETCHING AND MOBILITY COURSE



# ***COVER LETTER***

Even working in football (soccer) almost 30 Years, I fell, now, I have more to offer than before.

During all this Years I didn't work only with football, I had experiences in Gym, personal training, tennis academy working with kids and teenagers, Sesc Sao Paulo, a place where I worked with water aerobics, kids activities, injury recovery, health control with people of different ages.

Now, I'm looking for a new position in my career, I want to involve with people who enjoy the training, who have pleasure and look for a enjoyable moment in the life by the exercises.

My characteristic is to work with happiness and give the maximum attention to the needs and expectations of the "athlete".



# COACHING CAREER

- July – November 2024 : FC Zhenis Physical Coach | Premier League (Kazakhstan)
- July 2022 – May 2024: FK Panevezys Physical Coach | Alyga (Lithuania) **CHAMPIONS**
- February - July 2022 (Transfer): FK Liepaja Physical Coach | Virsliga (Latvia)
- December 2021 – February 2022: FK Panevezys Physical Coach | Alyga (Lithuania)
- April – December 2021: FK Riteriai Physical Coach | Alyga (Lithuania)
- January – June 2020: Sesc São Paulo (temporary job) | Physical Activities Instructor
- July 2018 – December 2019: FK Spartaks Jurmala Physical Coach | Virsliga (Latvia)
- August 2017 – April 2018: Balekas Tennis Academy Physical Coach | Vilnius (Lithuania)
- January – March 2017: Sesc São Paulo (temporary job) | Physical Activities Instructor
- January – August 2016: FK Trakai Physical Coach | Alyga (Lithuania)
- September – December 2015: Internacional de Limeira Physical Coach (Serie A3 | SP)
- August – Spetember 2015: Sesc São Paulo (temporary job) | Physical Activities Instructor
- August 2014 – May 2015: FK Trakai Physical Coach | Alyga (Lithuania)
- January – August 2014: FK Ekranas Physical Coach | Alyga (Lithuania)
- June 2012 – September 2013: Gremio Desportivo Prudente Physical Coach (Sao Paulo 2nd division)



# COACHING CAREER

- September 2011 – June 2012: Rio Branco Esporte Clube Physical Coach and Assistant Coach (Serie A3 | SP- Brazil) **CHAMPIONS** and promoted to the Sao Paulo Serie A2
- August 2007 – September 2011: FK Ekranas Physical Coach | Alyga (Lithuania) **4x ALyga CHAMPIONS / 2x Cup Winner**
- January – August 2007: FC Vilnius Physical Coach | Alyga (Lithuania)
- June – September 2006 : FC Vilnius Physical Coach | Alyga (Lithuania)
- 2003 – U-20/ U-17 : Sociedade Esportiva Matsubara Physical Coach(Cambara – PR)
- 2001 – U-17: Associação Portuguesa de Desportos Physical Coach (Sao Paulo – SP)
- 2000: Atletico Monte Azul Physical Coach (Sao Paulo 2nd division)
- 1998-1999: Tanabi Esporte Clube Physical Coach (Sao Paulo 2nd division)
- 1996: Associação Atletica Ponte Preta 1<sup>st</sup> team Assistant Physical Coach and U-17/U15 Physical Coach
- 1993: Associação Atletica Ponte Preta U15/U17 Physical Coach





# PROFILE

## Languages:

- Portuguese – Native
- English – Fluent
- Lithuanian – Basic



## Social Skilss:

- Capacity to interaction
- Strong teamwork ability
- Ability to adapt to new contexts



## Extras:

- Champions League qualification 08/09/10
- Conference League qualification 22/23

