



40 YEARS

📍 BORN IN ARGENTINA

☎ 1557039299

✉ EMAIL:
LUCIANAMOVIMIENTO@GMAIL.COM

🌐 LINKEDIN: LUCIANA SEREGNI

EDUCATION

Bachelor's Degree in Choreographic
Composition for Dance Theater
National University of Art -UNA
With a graduation thesis

Aerial dance with harness
Abyss dance- Space H
2016- present

Functional training
Professors: Horacio Anselmi and Andrea
Manso Hoffman
2018

Comprehensive training
Teacher: Andrea Manso Hoffman.
2020

Instructed in Vinyasa Flow Yoga/
Pranahama and breathing techniques/
Meditation/ KURUNTAS Yoga on Swings
Mass Yoga School
2016

Diploma in Social Media
National Technological University - UTN
2016

Shiatsu therapist
Kan Ge Ru School
2012 and 2013

Film and TV Direction
CYEVIC
2002 – 2003

English - Charles Dickens Institute
1993 to 2000

LUCIANA SEREGNI

YOGUI AND PERSONAL TRAINER

LANGUAGES

SPANISH: NATIVE

ENGLISH: ADVANCED INTERMEDIATE

EXPERIENCES

Instructor, General Coordination of the Center -Dec. 2013 to present
"Amo Pilates" - Center for physical exercise and alternative therapies.

Therapeutic Teacher - March 2005 to present
Private classes of Pilates, Yoga, Postural Reeducation and Shiatsu Massage.

Creative Performer - 2013 to present
Inc. "Images". Director Lic. Ana Borre.

Production and management, Head of Social media. 2015 and 2016
"VIBRA" voice and movement festival.

Performer and Composition - 2013 and 2014
Inc. "Danzabismal", directed by Mr. Roberto Tamburrini.

Performer - 2012
"Magnetic" Work – Ciudadanza – From the City of Buenos Aires, directed by Valeria
Martínez

Pilates, Yoga, Stretching instructor and general group manager. anuary 2011 to August
2013
"LL'essenciel" - Comprehensive beauty and spa center

General and Artistic Production - 2011 and 2012
Cycle "Mediomundo, Stage Production Networks" (UNA)

Member of the Organization and Production Team. - 2010 and 2011
Interdisciplinary Festival – (UNA)

Creative Performer, Assistant Director - 2006 to 2009
Work "Back from ida", Group: Not called

Dancer, Actress - 2008
Work "Iphigenia" – Korean Cultural Center. Museum Nights of Buenos Aires. Director,
Martín Wolf

Initial/Intermediate Level Teacher. 2006
"Shamrock Institute" - Language Institute

Creative Interpreter. 2004
Intervention at the Faculty of Social Sciences, UBA - Group: No se llama. Director:
Alejandra Cosin

OTHER KNOWLEDGE

Improvisation in Dance - Teachers: Valeria Martínez, Alejandra Cosin, Mariana Carli, Alina Follini, Blanca Rizzo, Leif Firnhaber.
2003 to Present

Cultural Management - Online course, Ministry of Labor of the Nation.
2015 (Incomplete)

Pilates Instructor - Specialization in therapeutic physical care. Teacher Nancy Hernández
2008

Iyengar Yoga - Teacher Gerardo Finn

Dance Video – Ricardo Rojas Cultural Center Workshop.
Teacher: Silvina Sperling.
2005

Classical and Contemporary Dance, Teacher: Geraldine Decrezenso. Elongation and posture. Teacher: Alfredo Gurkel. Gurkel-Lederer Study
2002 and 2003

Arts workshop – Fernando García Curten House Museum – San Pedro, Bs. As.
Classical Dance, Contemporary Dance, Plastic Arts and Theater.
1995 to 2001

REFERENCES

Amo Pilates
Constanza Van Nynatten/ Amo Pilates coordinator
054- 1134658009
IG: @estudioamopilates
Email: estudioamopilates@gmail.com

Naapura Yoga Pilates
Elena Mercedes Tato Ciminelli/ Study Coordinator
0549 1158095798
Email: estudionaapura@gmail.com

VIBRA
Maribel Rotela/ Executive producer of the festival
0549 1156957207
Mail: belerotela@gmail.com

Abismo danza/ Aerial dance school
Ana Armas, school director
0549 1167067968
Email: abismodanza@gmail.com

Tango city Buenos Aires
"Hostelling International" chain
011 4300 5764

MORE EXPERIENCE

Waitress - Feb. 2013 to Dec. 2014
"Florentina" - Resto Bar.

Quality control for companies - April 2003 to May 2006
"Ipace- Fundece"
Administrative tasks and Event Assistant.

Receptionist - January 2008 to March 2008
"Tango City Buenos Aires" - Hostelling International/San Telmo
Reception and administrative tasks.

"French Alliance" – Constitution Headquarters Restaurant
March 2003 to April 2004
Reception and customer service at events.

"Imprec" - Pipe and pre-molded factory / San Pedro
January 2002 to March 2003
Reception, sales, administrative tasks.

ABILITIES

Administrative

Entrepreneur

Responsible

Attentive

Patient

Communicative

Good attention to the public

Physical trainer

Life coach

Allways learning