



# MARIA FERNANDA GOMEZ RAMIREZ

## PHYSICAL THERAPIST

PROFESSIONAL ID: 13818907

### PERSONAL PROFILE

I am a physical therapist with more than 3 years of experience in the clinical area of rehabilitation, as well as geriatric, neurological, sports and traumatology.

My purpose is to provide individualized and effective treatment to my patients.

### WORK EXPERIENCE

#### Physical Therapist

May 2021- Present / Clínica de Ortopedia y Rehabilitación San Marcos

- Experience providing physical therapy services to a variety of clients with varied diagnoses.
- In charge of supervising and managing the evening shift.
- Introductory teaching of the basics of physiotherapy to internship students at Unitec University.

#### Home Physical Therapist

January 2021- Present

- Provide physical therapy at home to my patients, including manual therapy, therapeutic exercises and modalities.
- Experience in working with geriatric, pediatric and adult populations with orthopedic diagnoses.

#### Physical Therapist

August 2020- September 2021 / Phyxium

- Provided physical therapy services to orthopedic and sports patients.
- Developed individualized treatment plans for patients according to their needs and capabilities.

#### Physical Therapist Internship

January 2021- January 2022 / Hospital Español

- Assisted to physical therapists of the hospital with patients.
- Guided patients in transfers from seated, standing and lying positions in preparation of treatments.
- Collaborated with personal plans of treatments.
- Worked with patients of different areas, in policlinic, in intermediate and intensive cares (mobilizations, prevention of bedsores).

### EDUCATION

- Universidad del Valle de México  
Degree in Physiotherapist  
2016-2020

### PROFESIONAL SKILLS

- Patient care and education
- Rehabilitation
- Exercise
- Strength training
- Mobility
- Manual therapy, massages
- Treatment plans

### PERSONAL SKILLS

- Communication
- Collaboration
- Conflict resolution
- Problem- solving
- Adaptability

### LANGUAGES

- Spanish (native)
- English (medium)

### CONTACT

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