

SPORTS PEDAGOGY

Lizzeth Mariana Correa Castañon

ABOUT ME

Graduate of the degree in sports pedagogy, I have experience working with children from 1 to 16 years old, giving physical education classes at different school levels.

I've been working in the gym for more than 1 year helping people with their workouts, I have worked with teenagers, adults and older.

I want to inspire and motivate my students through my classes, where the integral development of people is the main objective.

WORK EXPERIENCE

SOCIAL SERVICE

Sports nutrition clinic (August 2022 - July 2023)

- Personalized training planning
- Taking anthropometric measurements
- Routine monitoring in the gym

Physical education teacher (August 2023 - June 2024)

- I taught classes at school level, from kindergarten to high school
- Support in sports tournaments
- Support in sports events at primary, secondary and high school level

Sports coordination

- Database management
- organization of files
- Planning of sports events

WORK

Air dance acrobatic academy (February 2024 - July 2024)

- Artistic gymnastics teacher
- Aerial dance teacher
- Manage school preferences and administration

Sportium (2024-2025)

- Sports consultant
- Personal trainer

OTHERS

Planning of sports events

- Olympics 2020
- Justo copa 2023
- Sports rally medicine 2023
- Children's day 2022, 2023 y 2024
- Mother's day 2023



CONTACT

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STUDIES

DEGREE IN SPORTS PEDAGOGY

2020-2024

Universidad Justo
Sierra

CERTIFICATIONS

- MOS Microsoft Office PowerPoint, Word, Access y Excel
- Cambridge KET y PET
- Biomechanics of movement
- Aesthetic training
- Sports nutrition

LANGUAGES

- English B2
- Native Spanish