



JUAN MANUEL MARTINI

I am a physical trainer with excellent communication skills, that spreads enthusiasm into everything that I do. I am passionate about helping other people with their daily issues and encouraging them to become a better version of themselves.

I consider myself to be a committed and empathetic person, who values and enjoys team work.

I am currently seeking for a company where I can develop new skills and grow professionally.

LANGUAGES

Spanish - Native
English - Advanced

INFORMACIÓN PERSONAL

28 years old - 11/04/1996
Argentinian- Italian
jmmartt1@gmail.com
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San Sebastian de la Gomera

WORK EXPERIENCE

ALL AROUND ENTERTAINER/ PALMERA COMPANY

May 2024 - October 2024

- Sports activities
- Being dj in different shows and prepare the lights
- Doing public relationship with the guests

FITNESS INSTRUCTOR/ SOUND GOOD ANIMATION

March 2023 - July 2023

- Prepare different type of fitness classes
- Biomechanical study of athletes/customers techniques to improve their sport performance.
- Participate in kids club/ mini disco
- Water Park
- Spinning
- Sports

FITNESS INSTRUCTOR/ KLAN E

March 2022 - January 2023

- Prepare different type of fitness classes
- Biomechanical study of athletes/customers techniques to improve their sport performance.

PERSONAL TRAINER COACH/ HIPTRAIN

September 2019- November 2022

- Coordinator of virtual classes.
- Coordination with students.
- Biomechanical study of athletes/students techniques to improve their sport performance.

DIRECTOR AND PHYSICAL TRAINER/ ENTREN-AR

May 2018- July 2021

- Assesse, monitor, and develop exercise programming based on the athlete's current and ongoing fitness and performance goals, fitness level, readiness for training, performance (relative to goals, level, and readiness for training), lifestyle patterns, diet, and nutritional needs.

EDUCATION

- ESNECA BUSINESS SCHOOL (MADRID, ESPAÑA)

Master in personal trainer | 2019-2020

Master in fitness | 2020

- INSTITUTO OBRAS

Physical education professor | 2018- 2021

- COLLEGE SAN JOSÉ DE LA PALABRA DE DIOS

Bachelor of Graphic Design and Media

COURSES

- Advanced english course in Regent´s University, London
- Primary & Secondary Care, CPR/ First Aid
- Rescue Diver
- Life Guard
- Streching and Posture Instructor, Escuelas NEFF