



SILVINA LASPIUR

MASSAGE THERAPIST



9/4/1982



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Los Molles s/n, Los Cocos,
Córdoba, Argentina

SUMMARY

Experienced Massage therapist with 8 years in the field. Skilled in various massage modalities, including Swedish, Californian Massage, Lymphatic drainage, Deep tissue and trigger points. Lomi Lomi. Aromatherapy. Hot stones massage and lateral massage for expectant mothers. Passionate about helping people achieve relaxation and improve meditation.

EXPERIENCE

2022-2024

Head of Recreation, Guest Experience, and Spa at "Pueblo Nativo Resort Golf and Spa," Villa Giardino. Córdoba.

- Organization of recreational activities for all ages and musical events.
- Staff recruitment, management, scheduling and shift organization.
- Administration: accounting, invoices, purchasing, material stock management. Hiring of artists.
- Organization of the Spa area. Trainings. Create handouts of PowerPoint presentations and excel's forms. Feedback to the Team.

2017

Ergonomic chair massage Therapist for corporate events and private events. (Independent)

2017

Massage Therapist and Lymphatic Drainage. (Independent)

Since 2014

Californian Massage Therapist. (Independent and Spa "Shiva")

EDUCATION

* *Valerie Gaillard School.* Thai Massage initial level. (2017)

* *Silvana Rafaniello School of Swedish Massage.* Diploma in Massage Therapist and hot stone massage (2017)

* *Oasis School of massage and healing arts.* Advance certificate in Californian massage therapist. Semestral trainings: ergonomic chair massage. Deep tissue and trigger points. Lateral massage for expectant mothers. Lymphatic Drainage. Athletic massages.

* *Institute of Humanistic Research.* Annual training in "Oncological Coaching", Business Leadership. (2015 – 2016)

* *Pedagogical Baccalaureate at the Normal Higher School "Vicente López y Planes"* (1996-2001)

ABILITIES

- Communication
- Empathetic listener
- Customer service
- Anatomy and physiology
- Health and safety compliance
- Attention to details

LANGUAGES

Spanish
Native

Inglés:
Conversational level