



Objetive

Inspire my students to provide high professional standards of care
Focus on Thai massage as a recognized international therapist
Develop techniques to expand overall healing potential for clients
Practice established approaches for massage and body, mind, spirit healing

Strengths

Twenty one years hands on experience as registered massage therapist
Acknowledged ability to teach and help others discover and reach their personal goals
Interact with clients and students respecting cultural/gender differences and boundaries
Trained in a broad variety of Western, European and Oriental massage modalities
Creatively enhance current industry standards, consistently promoting natural healing energies
Reputation as a motivated, hard-working therapist, and model of professionalism
Registered in United Kingdom with ITEC Diploma
instructor affiliated with Thai Massage School of Thailand (Chiang Mai)
Member of Thai Healing Alliance International www.thaihealingalliance.com
Member of Abdominal therapy collective international

Languages: Native Spanish, English and Italian fluency

Experience

01.2012

to Present, ATMA healing arts ,San Pancho, Mexico- Owner & Director

Body & Soul healing and Thai Massage School .
San Francisco , NAYARIT

04.2009 – 11.2010

Rosewood Tucker's Point, Bermuda– Massage Therapist

Provide authentic spa experiences for five-star guests to create unique and lasting memories.

01.2005 – 01.2007

Four Seasons Resort, Punta Mita, Mexico – Massage Therapist

Treatments to ensure healing relaxation including the signature Punta Mita
Massage with Tequila.

09.2003 – 01.2005

Freelance Massage Therapist

Treatments with range of regular clients who valued unique experiences of relaxing massage.

07.2001 – 08.2003

Grand Velas Resort & Spa, Nuevo Vallarta, Mexico– Massage Therapist

Provide scrubs and body treatments in one of Puerto Vallarta's *leading spas of the world*.

Education

2021

Mayan abdominal Massage

With Rosita Arvigo , **Belize**

Level I Anterior and level 2 posterior

60 hours

2018

Chi nei tsang with master Khun ni, Thailand

advance and teacher training 40 hours

Chi nei tsang with Pi Jem THANACHON, Thailand

Tecnics to detox 20 hour

Aon Phawat, Hang dong, Thailand

Ancient Thai Massage and Terapeutic knee tecnics

40 hours

2017

MV1 Manipulaciones Viscerales 1

Barral institute , Mexico

2015

Traditional Lanna Tok Sen

Master Ajarn Sompong Chiang Mai, 24 hours

Womblifting & Herbal Therapies

The Baan Hom Samunphrai School, Chiang Mai, Thailand 40 hours

Chi Nei Tsang with Master Khun Ni, Thailand

Abdominal Detox chi massage , 12 hours

Female Healing Reatreat

Tao Garden healing center founded Master Mantak Chia, Thailand.

BioDinamic Stillnes Touch.

Charls Ridley , Bio Dynamic Stillness School, Mexico, 20 hours.

2013**Chi Nei Tsang with Master Khun Ni, Thailand.**

Abdominal Detox Chi Massage 24 hours.

RSM Intertational School, Thailand.

Clinical Massage Shoulder and Neck – 2 Days Private course.

Pichet Bonthumme, Hang Don ,Thailand.

Ancient Therapeutic Thai Massage.

2011

Thai Massage School Chiang Mai (TMC), Thailand

Government Certified Thai Massage Professional and Teacher Training (GCT); 300 In-Class Hour Curriculum including anatomy classes, basic, advanced and therapeutic Thai massage, Herbal Ball (Healing Thai herb compress or Samuprai), Thai foot massage, Thai massage healing for seniors and people with special health needs as well as certification for teaching Thai massage Level 1, Thai foot massage, and Thai table massage based on an International Curriculum.

**Recreation and Sports Medicine International School,
Chiang Mai, Thailand.**

Motion analysis Clinical Massage, basic and advanced courses, 60 hours.

Master Tanachai, Chiang Mai, Thailand.

Abdominal detox chi massage, 30 hours.

Master Lek Chaiya, Chiang Mai, Thailand.

Nerve Touch Healing massage, 60 hours.

Jamu Spa School , Bali.

Balinese Massage, 35 hours.

2008

Inspire Massage Workshops, London UK.

ITEC Diploma in anatomy and physiology.

2002

Universidad Albada, Puerto Vallarta, Mexico.

School of Germaine de Capuccini.

Corporal High performance therapist.

Four Seasons Hotel, Punta Mita, Mexico.

Traditional Thai Massage and Oriental Blend Massage.

Other techniques

Reiki Level I, Watsu (water healing massage),

Wathai, Hot Stone therapy, Zen Shiatsu, Samuprai ,Herball ball,

Shirodara ,Lomi-Lomi ,Obsidian prehispanic Massage, Hot stone Therapy.

also Scrubs, Basic Facials and Body Wraps,,

Universidad de Veracruz AC, Guadalajara, Mexico.

High school diploma, with high marks maintained.

References and Professional Certificates Available upon request.

Contacto

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