



OSCAR GUTIÉRREZ

FITNESS TRAINER

EDUCACIÓN

BOXING COACH

INAF International Institute of Sports Fitness and Nutrition

2024 - 2025

BODYBUILDING AND FITNESS TRAINER

INAF International Institute of Sports Fitness and Nutrition

2024 - 2025

SOCCER SPECIALTY

Universidad Monter

2018 - 2020

MASTER'S DEGREE IN SPORTS TRAINING

Universidad Monter

2018 - 2020

BACHELOR'S DEGREE IN COMMUNICATION SCIENCES

Universidad Monter

2011 - 2015

HOBBIES

Fútbol



Movies



Gym



Reading



Travel



Phone

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Email

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colonia Fuentes de Morelia,
Morelia, Mich
zip codet 58088

ABOUT ME

I am a very kind, dedicated and committed person. I love helping others with the support of my knowledge and I always strive to be better every day.

WORK EXPERIENCE

2024- actual

GYM INSTRUCTOR

Seven Days Gold / Morelia

Perform routines and support users with technique for the correct use of the equipment

2021 - 2024

COORDINATOR/PHYSICAL TRAINER

Morelia FC

I coordinated the football academy and carried out the physical sessions for children, youth and senior women of the academy.

2020 - 2022

COORDINATOR OF FOOTBALL TRAINING SCHOOLS

Ates Morelia RC Liga TDP FMF / Morelia

I coordinated coaches and designed the training system for the club's participation in the Mexican Football Federation's Third Professional Division.

2020 - 2021

TECHNICAL DIRECTOR OF ATLÉTICO HALCONES

Atlético Halcones / Morelia

I made training plans focused on football and led the team in friendly and official matches.

ADDITIONAL COURSE

YouTube | Creator Academy

Google
Digital Garage

Marketing Digital
diploma online gratis certificado por Google



Federación
Mexicana de
Fútbol



JUGAMOS TODOS
Ganamos Juntos
La importancia de la EF
y el deporte en la nueva
normalidad



Webinars