

EDUCATION

- (2012) "U.C.E.S. - Universidad de Ciencias Sociales y Empresariales " Publics Relations degree .
<https://www.uces.edu.ar>
- (2009) "F.A.E.C.C. Fundacion de Altos Estudios enCiencias Comerciales" Publics Relations Tecnic
<https://lafundacion.edu.ar>

WORK EXPERIENCE

- (11-2017 to currently working)
Sport Club, C.A.B.A, Argentina
<https://www.sportclub.com.ar>
Position: Fitness instructor
Fitness group classes (cycle, G.A.P. local, functional and training coach)
Positions:
 - Fitness instructor: It was a big fitness center with approximately 100 people training simultaneously. My responsibilities included making personalized fitness programs for each individual, monitoring their progress and technique, and keeping the clients motivated everyday.
 - Functional Training/ G.A.P. /Local/Cycle: Group classes with around 20 to 30 participants who varied in age and fitness levels. -
- (11-2017 to currently working)
Sport Club, CABA, Argentina.
<https://www.sportclub.com.ar>
Position: Personal Trainer
As a personal trainer, I had a substantial number of clients. I designed workout programs for them and training sessions at the gym.
 - Before 2012
HR Assitent, CEO Assitent, Gral Assitent and Jr positions at other enterprises like:
<https://checkpointsystems.com/ar/>
<https://www.northlands.edu.ar/en/home-slide-i/>
https://www.solnacientes.com.ar_
<https://larural.com.ar>
Dixey S.A.
 - Since 2016
My own Project, CABA, Argentina.
Position: I made my own proyect; Online and presencial fitness classes, individual and groupal.




Veronica V. Stangaferro Auach


 Argentinian

 21/03/1981

 Single, No kids

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SEMINARS, TRAINING AND COURSES

- (05-2022/ 05-2023)
SportClub, CABA, Argentina
Cardiopulmonary Resuscitation Course.
- During this years of fitness life I have take many courses in relation of this, to complement my daily work as Coach and Personal Trainer
- (06-2020)
F.A.M., CABA, Argentina
<https://cursos.fma-argentina.com.ar>
Personal Trainer

LANGUAGES

- Spanish: Mother tongue.
- English: Intermediate
- Portuguese and Italian: Basic

COMPUTER SKILLS

- Knowledge in MS Office and MAC, Presentations/ Slideshows, Google Drive/ Social Media.

REFERENCES

- Cintia Santana
General Coordinator.
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