



# VALENTINA SUÁREZ

valentinasuarezft@hotmail.com • Cel: 3143643103 • Bogotá.

## PHYSICAL THERAPIST

### PROFILE

Physical therapist graduated at Sabana University, with intermediate-advanced english domain (B2), with experience in: Sports rehabilitation in soccer players of all ages, integra physical therapy with patients of all ages in differents scopes of the area. Knowledges in techniques of orthopedic manual therapy and massage therapy.

### SKILLS

Innovation and creativity.

Assertive comunicacion

Teamwork

Customer service

### LANGUAGES

English - B2.  
Spanish - Native language.

### SOCIAL MEDIA

 Valentina Suárez Chambueta.

### EXPERIENCE.

#### Spina Colombia | Physical Therapist.

OCT 2023 - PRESENT.

Specialized rehabilitation in spine. Evaluation of health condition. Health promotion and injuries prevention. Use of techniques of orthopedic manual therapy. Administrative and investigation work. Exercise prescription. Interdisciplinary work. IDD therapy.

#### Club Independiente Santa Fe | Sports Physical Therapist.

JAN 2023 - OCT 2023.

Sport rehabilitation in soccer players. Evaluation of health condition. Health promotion and injuries prevention. Physical capacities training. Use of techniques of orthopedic manual therapy. Administrative and investigation work. Exercise prescription. Interdisciplinary work.

#### Servicios Médicos Vital Health | Integral Physical Therapist.

SEPT 2022 - OCT 2023.



Physical and pulmonary rehabilitation. Care patients of all ages with different health conditions including all the scopes of physical therapy (neurology, oncology, orthopedy, pulmonary). Patient education. Exercise prescription. Use of techniques of orthopedic manual therapy. Domiciliary attention.

#### TIGRES F.C | Sports Physical Therapist.





JUL 2021 - NOV 2021.

Health condition evaluation in soccer players. Health promotion and injuries prevention. Physical skills training. Use of techniques of orthopedic manual therapy. Exercise prescription. Interdisciplinary work.

### EDUCATION.

-  Physical Therapist | Universidad de La Sabana. 2022.
-  Academic bachelor | Colegio Fundación Colombia. 2016.

### CERTIFICATIONS

-  2024.  
Metameric dry needling | Kineticxer
-  2023.  
Sports Administration | Ministerio del Deporte de Colombia.
-  2022.  
Care for sexual violence victims | Politécnico de Colombia.
-  2021.  
Diploma in Football Medicine | FIFA.