# Laura Cardona

Professional Nurse with experience in both clinical and administrative settings. Recognized for responsibility, ethics, empathy, and social awareness. Strong teamwork, effective communication, and leadership skills. Committed to promoting overall well-being and strengthening interpersonal relationships. Focused on delivering highquality and efficient healthcare services.

### Work Experience

### B&B Holding Medellin S.A.S

Home Health Agencies Department – Quality Assurance (QA) and ICD-10 Training January – October 2024

### Crewe Sharp Agency

Assistant in Nursing – Cairns, Australia August 2023 – November 2024

### Hospital General de Medellín E.S.E

July 2020 – September 2022

- ICU Coordinator (6 South)
- Quality Services Tutor for ICU
- Clinical Nurse in the Intensive Care
   Unit

### Hospital San Vicente Fundación – Rionegro

Hospitalization, Orthopedics, and Surgery Department November 2019 – February 2020

### Administration and Care Management Internship

Academic Exchange – Buenos Aires, Argentina March 2018 – June 2018

#### **Comprehensive Internship – San Jorge University Hospital, Pereira** Intermediate Care Unit August 2018 – November 2018

### Educational Background

- **Sun Pacific Australia** IEnglish – B2
- **Catholic University of Manizales** Bachelor of Nursing December 12, 2018
- **Liceo Salazar y Herrera School High School Diploma** November 24, 2012

### Volunteering

**Colombian Red Cross, Antioquia Section** 2010 – Present

### Family References

- Jorge Iván Cardona Estrada Oral and Maxillofacial Surgeon +57 3156617359
- Diana Lucia Marín Villegas PRIC Colmena Coordinator +57 3105361088

### Personal References

Sara Castrillón Correa General Practitioner León XIII Clinic +57 3207193998



#### Hospital General of Medellín E.S.E

- ICU 6 South Coordinator
- Quality Services Tutor for ICU
- Assistant Nurse in the Intensive Care Unit with the following duties:

Providing comprehensive nursing care, including medication administration, nursing assessments, nursing notes, arterial line insertion, managing medical records, wound care, collecting laboratory samples, among others.

#### Hospital san Vicente fundación of Rio negro

Duties: Providing comprehensive nursing care and medication administration, nursing assessments, nursing notes, managing medical records, wound care, collecting laboratory samples, among others.

#### Volunteering: Colombian Red Cross, Antioquia Section

Contact: Vanessa Torres Pabon - Phone: +57 3216191554

Duties: Rescuer on emergency and disaster response teams, specializing in both general search and rescue (SAR) and search and rescue with dogs (KSAR), providing assistance to victims of traffic accidents in ambulances, and supporting healthcare, among others.

#### Practice in Care Administration and Management

Duties: Through an international mobility scholarship, a direct agreement with the National University of Lanús in Buenos Aires, Argentina, completed rotations at two healthcare centers: Dr. Braulio Moyano Neuropsychiatric Hospital and Evita Interzonal Acute Hospital. The duties involved providing hospital nursing care, medication administration, wound care, laboratory sample collection, nursing notes, managing medical records, and activities related to first aid training, triage start, among others.

#### Comprehensive Practice - San Jorge University Hospital of Pereira Intermediate Care Unit

Duties: Performing both clinical and administrative tasks in the intermediate and intensive care unit, managing shift schedules, conducting nursing and interdisciplinary rounds, operating infusion pumps, assisting in invasive procedures, managing catheters, and wound care. Delivering hospital improvement plans and conducting clinical record audits.

## Additional Educational Background

<ul> <li>Ultimate Coding &amp; OASIS Training Virtual Series: ICD-10 Coding Basics hcpro Continuing Education Certificate. May 2024</li> </ul>
<ul> <li>Diploma in Intensive Care Unit for Nursing Staff - Salamandra</li> <li>International Training Center in Emergencies and Urgencies. December 2024</li> </ul>
<ul> <li>Basic Life Support - BLS</li> <li>Aforsalud (Colombian Association for Comprehensive Health Training) - December 2024</li> </ul>
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<ul> <li>Advanced Cardiac Life Support - ACLS</li> <li>Aforsalud (Colombian Association for Comprehensive Health Training) - December 2024</li> </ul>
Care for Victims of Chemical Agent Attacks (AQS)
Educational Foundation Campus - Medicplus, December 2024
Humanization of Health Services (HSS)
Educational Foundation Campus - Medicplus, December 2024
<ul> <li>Grief Management (GD)</li> </ul>
Educational Foundation Campus - Medicplus, November 2024
Point of Care Testing (POCT) Management
Educational Foundation Campus - Medicplus, November 2024
Theoretical-Practical Training for ICU Work
Health Professions and Trades Union DARSER, Medellín, September 2020
General Induction SST DARSER - Biosecurity Measures for Covid-19
DARSER, November 2020
Basic Life Support (BLS)
Approach to patients with cardiopulmonary arrest, pediatric and adult.
Colombian Emergency Group, International Training Center in Emergencies and Urgencies. Manizales, November 2018.
Advanced Cardiac Life Support (ACLS)
Advanced Cardiac Life Support (ACLS)
Definitive management of patients with cardiopulmonary arrest.
Colombian Emergency Group, International Training Center in Emergencies and Urgencies.
Manizales, November 2018.
Clinical Laboratory Sample Collection
Colombian Emergency Group, International Training Center in Emergencies and Urgencies.
Manizales, November 2018.
Comprehensive Health Care for Victims of Gender-Based and Sexual Violence
Colombian Emergency Group, International Training Center in Emergencies and Urgencies.
Manizales, November 2018.