# HILLARY LUNG SJOGREEN

**3**183911222

☑dorothydayan@gmail.com

San Andrés island

#### **SKILLS**

Stress management

• Physical evaluation and diagnosis

• Customer service

Interpersonal skills

• Teamwork

• Fast learning

#### **OTHER SKILLS**

Software: Excel, Word,

Spanish

PowerPoint, Outlook, Photoshop

English —

#### PROFESSIONAL PROFILE

I am a graduated physiotherapist, committed to providing honest and quality service. I am characterized by being helpful, punctual and respectful, with a high sense of responsibility. My focus is to maintain an orderly and efficient work environment. My dedication and charisma allow me to build relationships of trust with my patients. As a Christian person, I value ethical and professional principles in every aspect of my work.

#### **EDUCATION**

February 2017 – November 2023

Cali, Colombia

Physiotherapist

Santiago de Cali University

January 2015 –

November 2016

Villavicencio,

Colombia

Technician in agricultural and

ecological systems-Llano

Adventist Agricultural Educational

Institution – INSTIVAL

#### **EXPERIENCE**

December 2023 – June 2024

#### ILDA RELAX SPA

At the spa on the island of Providencia, during my time as an employer, I was in charge of welcoming clients, both locals and tourists. My job was to identify the patients' muscular discomfort and proceed to perform massages that relieved the pain or, failing that, offer relaxation massages. In addition, i had the responsibility of performing waxing and was trained in different massage techniques, including therapeutic massage, relaxation massage and sports massage. My approach was always aimed at providing a personalized service that met the specific needs of each client, ensuring their satisfaction and well-being.

August 2023 — November 2023

IMECOL S.A.S Palmira, valle

At IMECOL S.A.S, during my professional practice in physiotherapy, I was in charge of promoting occupational health through the implementation of active breaks for workers, promoting physical well-being and injury prevention. I carried out ergonomic inspections of workplaces to identify and correct risk factors that could affect the health of employees. In addition, I provided rehabilitation to workers with injuries, applying specific treatments for their speedy recovery. I also held educational talks on health and safety issues at work, aimed at preventing injuries and promoting healthy habits.

August 2022 — May 2023

#### HOSPITAL RAÚL OREJUELA

At the Raúl Orejuela Hospital, during my physiotherapy practice, I was in charge of caring for pediatric patients in internal consultation, providing detailed physiotherapy evaluations and designing individualized treatment plans. My work included the application of therapeutic techniques to improve the mobility, strength and motor development of patients, always adapting treatments to the specific needs of each child. Additionally, I maintained constant communication with the medical team and family members, ensuring a comprehensive approach to the care of the pediatric patient.

#### MOTO REPUESTOS ORFILIA

My main responsibilities included direct and personalized attention to customers, ensuring efficient and friendly service when searching for motorcycle spare parts. In addition, I managed inquiries and requests, both in person and by telephone, providing information and placing orders through calls, and coordinating home deliveries. I was also responsible for cash management, recording daily sales, processing cash payments and issuing invoices.

Additionally, I managed inventory control, guaranteeing the availability of products and the correct supply of the stock.

#### **FAMILY REFERENCES**

Jan Webster

Technical Old Providence Mc Bean Lagoon National Park

Cell: 3178196139

Aleida Sjogreen Nursing assistant Cell: 3118324150

#### PERSONAL REFERENCES

Emely Julio University student Cell: 3175620854

Shanel Berdugo Paramedic

Cell: 3214458759

#### HILLARY LUNG SJOGREEN

C. C. 1006869814-Providence Island

To Whom It May Concern,

It is my pleasure to recommend Hillary Lung Sjogreen, who worked at Ilda Relax's Spa on Providence Island. During her time with us, she demonstrated exceptional commitment and admirable dedication to her work.

Hillary Lung Sjogreen displayed outstanding skills in client relations, always providing courteous and professional service. Her personalized approach and attention to each client's needs significantly contributed to our reputation as a top-quality spa.

I am confident that Hillary Lung Sjogreen will be a valuable addition to any team, thanks to her strong work ethic and passion for the well-being of others.

Should you require any additional information, please do not hesitate to contact me.

Sincerely,

Ilda Sjogreen Velasco

Owner, Ilda Relax's Spa

CC: 23249227 3173671072

Providence.greeneyes@gmail.com

Alda 6. Sjogrean V.











Identificación Única del Talento Humano en Salud FISIOTERAPEUTA

#### HILLARY SHANELL LUNG SJOGREEN

CC 1006869814 Universidad Santiago de Cali Palmira

Fecha Expedición Diploma: 2024-09-06 Fecha Inscripción RETHUS: 2024-09-27



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Si esta tarjeta es encontrada por favor informar al Colegio Colombiano de Fisioterapeutas: colegio@colfi.co

COLFI - 27340

Karim Martina Alvis Gomez Representante Legal







La República de Colombia El Ministerio de Educación Nacional u en su nombre la

# Institución Educativa Agropecuaria Adventista del Clano

Puerto Lopéz - Meta

Programa de Educación Formal con Licencia de Funcionamiento de la Secretaria de Educación del Meta según Resolución No. 5753 del 21 de Noviembre de 2016

#### Confiere a:

# Hillary Shanell Lung Sjorgreen B.I. 1006869814 de Providencia

### El Título de: Bachiller Técnico

en Sistemas Agropecuarios Ecológicos

Por haber cursado y aprobado los estudios correspondientes: al Nivel de Educación Media Técnica según los planes y programas vigentes



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Rectora

Secretaria

Dado en Puerto Copex el 24 del mes de Noviembre de 2018

Libro de Registro numero 02 Acta Nº 39 Iolio 21-23



### La República de Colombia

Ministerio de Educación Pacional y en su nombre la



## Universidad Santiago de Cali

Con Personería Jurídica 120, 2800 de 1959 del Ministerio de Justicia

Confiere el Título de

## Fisioterapeuta

a

# Hillary Shanell Lung Sjogreen

CC.No. 1.006.869.814

En testimonio de ello se expide el presente Diploma en Santiago de Cali, Valle del Cauca, el día 06 del mes de Septiembre de 2024

Carlos Anglois Pérez Galindo

Leyeli je Secretaria

kryfi Johanna Riascos Mejla screaria General de la Universidad

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