

DARY MORALES TOBON

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OBJECTIVE

I am a nutritionist, I also have a degree in PHYSICAL EDUCATION, RECREATION AND SPORTS, I love working with groups of all ages, I like to promote recreational and sports events, I am very energetic and passionate about what I do, responsible and committed, I am a leader by nature I want to work on board because this has been my great dream, I want to learn and give my best, offering a quality service, traveling and learning about new cultures.

Skills

- Charismatic
- Good interpersonal relationships
- Natural Leader
- Sociable and enthusiastic
- Sense of belonging where I work
- ability to work with groups of all ages
- ability to speak in public
- I work efficiently both an individual as team member

EDUCATIONAL BACKGROUND

DIETETICS AND NUTRITION

University de Antioquia - 2007

BACHELOR'S DEGREE IN PHYSICAL EDUCATION RECREATION AND SPORTS

Politécnico Colombiano Jaime Isaza Cadavid - 2000

INTERNATIONAL UPDATE IN SPORT NUTRITION, High Performance Center Sport University Barcelona-Spain -2019.

OTHER TECHNICAL OR UNIVERISTY STUDIES

LONDON WELLNES ACADEMY,
CERTIFICATION TRAINING

YEAR 2021 MEDELLIN -

COLOMBIA

- TRAINING METHODOLOGY SEMINAR IN THE WEIGHT AREA by MTX SPORT & FITNESS COLLEGE (Nutripro Technology S.L. - NIF: B-20806463) and DB SPORT SCIENCE (Organization Associated to the Training Group G-SE DNI N° 25610999 Grupo FIT. 2017
- TRAINING SEMINAR FOR THE REDUCTION OF FATTY TISSUE (in Spanish, SEMINARIO ENTRENAMIENTO PARA LA REDUCCION DE TEJIDO GRASO) by MTX SPORT & FITNESS COLLEGE (Nutripro Technology S.L. - NIF: B-20806463) and DB SPORT SCIENCE (Organization Associated to the Training Group G-SE DNI N° 25610999 Grupo FIT. 2017
- BODY COMPOSITION ASSESSMENT SEMINAR (in Spanish, SEMINARIO DE EVALUACIÓN DE LA COMPOSICIÓN CORPORAL) by MTX SPORT & FITNESS COLLEGE (Nutripro Technology S.L. - NIF: B-20806463) and DB SPORT SCIENCE (Organization Associated to the Training Group G-SE DNI N° 25610999 Grupo FIT

LANGUAGES

- Spanish
- English –

PROFESSIONAL EXPERIENCIA

GOOD START PROGRAM - MEDELLIN MAYOR'S Municipality 2011-2024

Location: Medellin -Colombia

Position: Nutritionist – Educator

Time: 6 Year (2011-2013-2017-2018- 2019-2020, 2024)

Telephone: wt. +57 3002916129

Duties:

- Teach healthy habits teach healthy habits
- teach how to use food consumption cutlery
- Education through Recreation

- Conferences, Lectures on the importance of diet and exercise
- Consultations health promotion component

ONE SPA WORD 2022

Location: USA, Carnival Cruise Ship

Position: Fitness Professional, Personal Trainer, Group Classes Conferences, consultations health promotion component

Time: 2 months

Phone: 3164830327

COGNITIVE DISABILITY PROGRAM, MEDELLIN CITY HALL 2022-2022 EDUCATION IN FOOD AND NUTRITION WITH CHILDREN AND ADOLESCENTS WITH DOWN SYNDROME AND AUTISM

Location: Medellin -Colombia

Position: Nutritionist – Educator

Time: 6 month

Telephone: wt. 3182443123

Duties:

- Teach healthy habits teach healthy habits
- teach how to use food consumption cutlery
- Education through Recreation
- Conferences, Lectures on the importance of diet and exercise

COMPANY NEW ELITE EVENTS YEAR MEDELLIN-COLOMBIA 2016-2021 to Date (For hours)

Location: Medellin -Colombia

Position: Recreationist Animator of Events and Party

Time: 5 years

Telephone: (57) 3162515732

Duties:

- Event Logistics
- Entertainment parties
- Lead games and recreational activities
- Zumba teacher

INDER MEDELLIN YEAR MEDELLIN 2008-2009

Location: Medellin -Colombia

Position: Physical maintenance teacher-Nutritionist Dietitian

Time: 2 years

Telephone: 605-2608062

Duties:

- Event Logistics
- skating teacher
- Lead games and recreational activities

EFISAE FOOTBALL SCHOOL YEAR 2006-2007

Municipality: Envigado- Colombia

Position: Recreationist Animator of events and Party

Time: 1 year

Telephone: 605 -3332139

Duties:

- Event Logistics
- Animation
- Lead games and recreational activities

SALECIANO DON BOSCO SCHOOL YEAR 2006-2007

Location: Medellin -Colombia

Position: Teacher in the area of Physical Education, recreation and sports Time: 2 years

Telephone: 605-2681058

Duties:

- skating hotbed trainer
- Teacher in the area of Physical Education, recreation and sports

THE IMMACULATE SCHOOL YEAR 2004

Location: Medellin -Colombia

Position: Teacher in the area of Physical Education, recreation and sports Time: 1 years

Telephone: 605-2771058

Duties:

- skating hotbed trainer
- Teacher in the area of Physical Education, recreation and sports

REFERENCES

BERENICE LOPERA

Manager in Education

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BIVIANA MORALES

Psychologist

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DARY MORALES TOBÓN

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