

# Katherine Fuentes Gallardo

Bachelor's degree in kinesiology and professional title of kinesiologist.

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Region of Coquimbo, Chile

## Professional profile

Kinesiologist with three years of experience in musculoskeletal rehabilitation and cardiorespiratory rehabilitation. Responsible and committed to the work, with the ability to work as a team, and initiative to solve problems related to the rehabilitation of users and achieve goals set in their recovery, and in search of providing quality care.

## Work experience

**Private kinesiologist, La Serena-Coquimbo** | 2022-present

- Musculoskeletal rehabilitation: Advice, treatment and follow-up of kinesiotherapy in users, and compliance with the objectives in the short, medium and long term.
- Cardiorespiratory rehabilitation: Kinesiological treatment of respiratory system diseases.

**Kinesiologist, Clínica DOC DOC, La Serena** | 2024-2025

- Musculoskeletal rehabilitation: Treatment and follow-up of musculoskeletal pathology in the spine, upper extremities and lower extremities.
- Cardiorespiratory rehabilitation: Treatment and follow-up of respiratory system pathology.

**Private masseur, La Serena-Coquimbo** | 2021-2024

- Relaxing, sports and decontracting massages for users.

**Intern in kinesiology, La Serena-Coquimbo** | 2021-2021

- CESFAM El Sauce: Cardiorespiratory rehabilitation.
- Colegio San Lorenzo: Neurological rehabilitation.
- MAZ center: Musculoskeletal rehabilitation.
- SENADIS: Support in administrative tasks and management of the service.

## Academic background

### Professional title of Kinesiologist

Universidad Santo Tomás | 2016-2022, La Serena, Chile

### Degree in Kinesiology

Universidad Santo Tomás | 2016-2021, La Serena, Chile

## Skills

Interpersonal: Teamwork | Problem solving | Customer care

Management and supervision of users: Planning therapeutic exercises | Educating and advising the user

## Certifications and courses

- Orthopedics and Traumatology: Diagnosis, Treatment and Rehabilitation, [www.academia.4hc.cl](http://www.academia.4hc.cl) - (OTEC) 2025
- Treatment Strategies for Adult Respiratory Diseases in Primary Care (ERA), [www.capacitanet.cl](http://www.capacitanet.cl)-(SENCE and MINSAL) 2023
- Pulmonary Rehabilitation Procedures, [www.capacitanet.cl](http://www.capacitanet.cl) - (SENCE and MINSAL) 2023
- Spirometry Procedures, [www.capacitanet.cl](http://www.capacitanet.cl) - (SENCE and MINSAL) 2023
- ACLS Advanced Cardiopulmonary Life Support, [www.capacitanet.cl](http://www.capacitanet.cl) - (SENCE and MINSAL) 2023
- CPR, Use of AED and OVACE under AHA 2022 Standard, [www.capacitanet.cl](http://www.capacitanet.cl) - (SENCE and MINSAL) 2023