

Fernanda Oliveira Leal de Santana



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Summary

I am 28 years old, vegetarian and trained in Integrative and Complementary Therapy. Passionate about Yoga, and as a style of therapy, I follow it with the purpose of working with health, well-being and in respect for nature.

Experience

Ocin Studio – Yogatherapist

- Give Online Yoga Presentations

11/2023 – to date

Academic

Degree in Integrative and Complementary Therapies – Ampli
2021 – 2024

Training for Yoga teachers with foundations in Neuroscience
– YogIN Academy

2024 – to date

Complementary

- Intermediate English (B2)

- Yogatherapy Course (30h)

- Introduction to Yoga Course (35h)
- Spateriapia course (30h)
- Foot reflexology course (35h)
- Chromotherapy Course (40h)
- Emotional intelligence course (25h)
- Neurolinguistic programming course (30h)