

Esteban Barragán Guerrero



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## PROFESSIONAL PROFILE

Graduated in physical education, recreation and sports, professional experience I have worked as a gym teacher. (4 years' pre-registration of personalized training and pathologies) Physical conditioning, volleyball teacher, Swimming teacher, soccer coach, first responder, certifiable. And I have knowledge in tennis and other sports. Customer service and salesperson as an alternative experience. With level in the European framework, CLIL, of Cambridge certifiable (English B2), Met certifiable I have experience basic knowledge in office automation and telematics tools. Leader person; with communication skills; ability to work in teams and under pressure; adequate management of interpersonal relationships; proactive; with easy adaptation to change; detail oriented; with an attitude of service; ability to make decisions and optimize resources

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Graduate with a specialty in business administration.1 grade to 11 grade

Professional Profile

Bachelor degree of Physical Education, Recreation and Sports (2015- completed)

English profile

Type of training (Course) 2015 English certificate MET B 2

CLIL (Cambridge) certificate.

-Skills:

Leader, good attitude, responsible.

Experience.

Preparation of training plans for people with pathologies and healthy, physical tests.  
Training prescription depending on the objective of the person, accompany the person in their personalized training and do their respective follow-up.

GROUP CLASSES:

I do group strength training classes (Pilates, mixed tone, Boxing, strengthening the Core)  
about nutrition and exercise guide

Responsibilities: Gym teacher

Study, plan and execute recreational and competitive activities in sports. •  
Train the athletes physically and technically in the corresponding discipline.  
Dict and evaluate the subject of sports credits, Description:  
Manage pool, sauna, Turkish, also perform lifeguard work within the place, and give swimming lessons. I was able to learn swimming styles, and first aid for all ages. class for pregnant women to better develop their motor skills for her and her baby.

Responsibilities: Lifeguard

- Manage, know how the pool, Turkish, and sauna works.  
Teacher, explaining types of swimming, technique of how to swim, and knowing the psychomotor benefits of swimming for pregnant women.
- Lifeguards, be aware of the people who are in the establishment so that they do not drown, and take the necessary precautions.

Pool security, Bogotá - Colombia  
(3142512551) Lifeguard, swimming teacher–  
gym Teacher (1 year) Juan Palomino

### Experience as a Physical education teacher bilingual.

#### Description:

teacher of a group of children, prepare them for the competition, prepare the classes appropriately depending on the requirement of the competition and the development of the child and the position they play on the field.

#### Responsibilities:

- Teacher: give classes in a suitable way in which children learn pedagogically the concepts of soccer and its strategies.
- Plan: classes with specific and general content in which the concepts to adopt motor and mental skills for soccer are taught playfully.
- Integrity: take care of the integrity of children.

Liceo Fesan

Sandra Patricia bolivar Cel: 315 4756902 / 315 2880297

### CONGRESSES - SYMPOSITIES - SEMINARS - MEETINGS

National Congress of Physical Education and School Sports, 2017 10/08/2017 - National Congress of Physical Education and School Sports, 2018 10/08/2018 -

Uniminuto, Bogotá, Colombia

An investigative experience, with the University of Arizona U.S.A (six weeks English)

Date

### LANGUAGES AND SOFTWARE

Spanish (Native Language)

English (B2)

German (A 1)

Program 1 (Choose between Advanced-Intermediate-Basic)

Program 2 (Choose between Advanced-Intermediate-Basic)

### REFERENCES.

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