



Curriculum vitae

Cuil:20-42102660-3

Nationality:Argentine | DNI: 42.102.660

Birthdate:31/07/1999

Locality:San Fernando, GBA North Zone, Buenos Aires

Address:Gandolfo 3583, CP: B1646

Mobile Phone:+54 1126566537

E-mail: Federico.10.Garcia@outlook.com

Academic Training:

University:Complete. Physical Education Teacher Institution: National University of Luján (Former INEF San Fernando). Time elapsed: 2019 – 2023

Training Courses:

- **High Performance Personal Trainer and Advanced Bodybuilding Techniques.** Institution: Apta Vital Sport.
- **Latin Rhythms Instructor** Institution: AMAIP Argentine Mutual Association of Instructors and Teachers.
- **Social Media Marketing Course.**Institution: San Isidro Youth House. Speaker: Pilar Mateo. Time elapsed: August – December 2020
- **“SHINEDANCE” Online Instructor Caribbean Rhythms Instructor.**Institution: INSAR Argentine Instructorados. Director: Alejandro Casano. Time elapsed: November 2020 – June 2021.

Work Experience:

Choreographer

in Weddings:

- **Wedding 2021 Camila and Santy**
- **Wedding 2024 Diego and Lorena**

In Competencies:

- **Bonaerense Tournaments 2023**

Animator

at Parties, Private Events, Birthdays, Weddings. Individually and in groups.

Weddings:

- **Wedding 2021 Camila and Santy**

Birthday:

- **Mirta di Prieto 2024**
- **Graciela Daiuz 2023**

Professor of Caribbean Rhythms (Salsa and Bachata)

- In-person, group, private and virtual. Institutions: One Step Up dance schools, Vicente López Active Senior Citizens Recreation Center, Vicente López Municipality Instagram. End of 2019 – Currently

Professor of Latin Rhythms

- Institution: Municipality of Vicente López. Villa Adelina Sports Center March 2024 - Currently

Personal Trainer.

- Tasks: Planning and programming of training, explanation of techniques, concepts and search for the objective proposed by the client. Company: Independent work. End of March 2019 – Currently

Group Training Teacher

- Institution: Municipality of Vicente López. Villa Adelina Sports Center July 2023 - Currently

Postural Gymnastics Teacher on Instagram

- Institution: Municipality of Vicente López. @deportesvl. January 2023 –**At the moment**

Senior Gymnastics Teacher

- Institution: Municipality of Vicente López. Sports Center/Field No. 1 Olivos July-August 2024 (Substitute)

Aquagym teacher

- Institution: Municipality of Vicente López. Recreational Center for Active Seniors January 2025 – Currently
- Institution: Municipality of Tigre. Recreational Center for Active Seniors January 2024 – Currently
- Institution: Municipality of Vicente López. Recreational Center for Active Seniors January 2024 – March 2024
- Institution: Munro Sports Center, Municipality of Vicente López. July 2023.

Swimming Instructor:

- Substitute Teacher. Institution: Municipality of Vicente López. Tasks: Adult swimming, Aquagym, Matronatacion, Children, Adolescents. Beginner/Intermediate Level March 2023 – December 2023
- Institution: San Roque Institute. Villa Ortuzar CABA. Primary and Initial Age. August 2023 – December 2023