



Charlotte Paola Guillot

Miraflores los paraísos manzana 5 casa 9 Pereira

3117576342 | paolalinda269@gmail.com

Objective

To be a massage therapist dedicated in what I love to do, my goal in life is to give a wonderful service. To have the opportunity to learn more in this wonderful job that is an ART.

I wish to study and learn more as a massage therapist (new techniques) and also to study “medicinal plants”.

Professional Experience

Colombian Association of Thai Massage

January 2021 – May 2021

Project with the Master to visit various companies and provide Thai medicinal massages. I have been working with him for almost four years and still collaborate with him on an hourly basis when needed.

Visus Spa Hotel

June 2022 – September 2022

Massage Therapist

Provided a range of specialized services at the spa, including relaxation massages with essential oils, therapeutic massages with deep pressure, hot stone therapy, exfoliation, bamboo therapy, reflexology, facial massages, and basic facial hydration treatments. I currently continue to collaborate with them on an as-needed basis.

Bambú Spa

March 2023 – June 2023

Massage Therapist

Specialized in relaxation massages and manual body contouring treatments using wood therapy and special equipment. Also performed basic and deep facial cleansing. I currently continue to work with them on an hourly basis as needed.

Terra Luna Spa

September 2023 – April 2024

Massage Therapist

Specialized in relaxation and therapeutic massages using hot stones, exfoliation treatments, and chocolate therapy. During this time, I trained two individuals in massage techniques and was responsible for managing the spa.

Independent Massage Therapist

May 2024 – Present

I provide personalized massage services, including relaxation, therapeutic treatments, body contouring with wood therapy, hot stone therapy, and facial hydration. I work independently with individual clients and collaborate with wellness centers as needed, continuously enhancing my skills to offer top-quality care.

Education***Colombian Association of Thai Massage***

Thai Medicinal Massages, Two levels: Level 1 and Level 2

INCES

INCES Pereira Beauty School

Reiki

3 levels: Level 1, 2, and 3

Competencies

Experience in various spas as an independent massage therapist and companies including:

- Electronic pen acupuncture
- Thai therapeutic massage, relaxing massages, and hot volcanic stone treatments
- Reflexology (Foot massage)
- Personal Reiki therapy sessions
- Basic and deep facial cleansing
- Full-body relaxing massages including facial shiatsu, Sanvello, body exfoliation, and chocolate therapy
- Bamboo massage and coconut therapy

Projects

Learn additional massage techniques both locally and internationally Study medicinal plants and physiotherapy
Integrate medicinal plant knowledge with patient therapy

Activities

Sports, hiking, family time, dancing, reading, cooking, traveling (exploring new places).

Languages

Native French and Spanish. Basic English.