



December, 18, 1992

ABOUT ME

"I am an energetic and enthusiastic person, with a passion for providing exceptional service to guests.

My positive and friendly attitude allows me to create connections quick with people and ensure they feel welcome"

CONTACT

+5491138034229

18.araceli.fernandez@gmail.com

Av. Mitre 644, 12° B,
Avellaneda, Buenos Aires
Argentina.

REFERENCES

Facundo Martino
Head Coach
RRHH@BIGGFIT.COM
+5493442403536

FERNÁNDEZ ARACELI

FITNESS INSTRUCTOR

EDUCATION

2019 - 2022

Physical Preparation Teacher

Graduate - IPEF Private Institute of Physical Education

2020 - 2022

Senior Professor of High Performance Sports and Functional training

Graduate - IPEF Private Institute of Physical Education

2020 - 2022 Personal Trainer

Graduate - IPEF Private Institute of Physical Education

2020- 2022 Bodybuilding teacher

IPEF Private Institute of Physical Education

WORK EXPERIENCE

August - December 2023 SPORT CLUB PUERTO NIZUC

Fitness Instructor (Bodybuilding)

Gym teacher focused on aesthetics and health care. I create routines and monitor student progress.

January -August 2023 BIGG FIT

Group training Coach

I lead training groups in the gym unconventional with free weights. The students follow their individual goal in a group class.

January 2022 ROCKCYCLE

Functional Training Instructor / Stretching Instructor

Planning and dictation of functional classes, which are divided into six types of different routines, with a focus on different results.

LANGUAGES SKILLS

-NATIVE SPANISH

-INTERMEDIATE CONVERSATIONAL ENGLISH

OTHER SKILLS

Yoga
Stretching
Recepcionist