# Isabel Andrea Álvarez Ortiz

16.241.924-2 December 5, 1985 (39 years old) Single San Felipe, Chile. +56 964235202 Isabel.alvarez.ortiz@gmail.com Fluent in written and spoken English



# **EDUCATION**

# MASTER OF ARTS IN GLOBAL LEADERSHIP

2019-2020 Dallas Baptist University, USA.

# MASTER IN MEDICINE & SPORTS SCIENCE

2012-2015 Universidad Mayor, Chile.

# BACHELOR'S IN EDUCATION WITH A MAJOR IN PHYSICAL EDUCATION

2004-2009 Pontificia Universidad Católica de Valparaíso, Chile.

# 120 HRS TESOL/TEFL CERTIFICATE ACCREDITED COURSE

World TESOL Academy, London, England / 2023.

# CERTIFICATIONS AND TRAININGS

**DUAL LANGUAGE TRAINING** Dallas Independent School District, Tx, USA / Sep 2022

### MAJOR IN GLOBAL MISSIONS

Christ for the Nations Institute, Dallas, Tx, USA / Jan 2015- May 2016

# ABOUT ME

Bilingual professional seeking new opportunities to leverage leadership skills in a multidisciplinary and multicultural setting. I want to establish purposeful and meaningful relationships based on a healthy and safe work environment. I am a very people-oriented person, responsible, adaptable to changes, willing to face new professional challenges and learning about different fields of knowledge and cultural backgrounds.

## **EXPERIENCE**

# PRESCHOOL AND ELEMENTARY FLOATING BILINGUAL TEACHER (DIFFERENT SUBJECTS IN ENGLISH AND SPANISH). Pumahue Chicureo private school, Colina, Chile / Mar 2025-present

**PE TEACHER IN A SUMMER SCHOOL PROGRAM FOR KIDS.** National Institute of sport (IND), Llay-Llay, Chile / Jan-Feb 2025

**ELEMENTARY ENGLISH TEACHER (1-6 GRADE).** Carampangue private school, Talagante, Chile / Mar 2024- Feb 2025

#### SUBSTITUTE PHYSICAL EDUCATION TEACHER. Independencia school, San Felipe, Chile / Oct 2023

SUBSTITUTE ENGLISH TEACHER. José de San Martín school, San Felipe, Chile /May 2023 -Jun 2023

**ELEMENTARY BILINGUAL TEACHER (ENGLISH-SPANISH).** Dallas Independent School District, Texas, USA / Aug 2022-Feb 2023

# COLLEGE PHYSICAL EDUCATION TEACHER OF THE COURSES SPORTS NUTRITION, MOTOR DEVELOPMENT, RECREATIONAL ACTIVITIES AND UNIFIED SPORTS.

Aiep Professional institute, San Felipe, Chile / Mar 2022-July 2022

# SUBSTITUTE PHYSICAL EDUCATION TEACHER "ELIGE VIDA SANA" PROGRAM.

Family health center Cesfam San Felipe el Real, San Felipe, Chile/ Summer 2022- 2021-2018

### PRIVATE ENGLISH TUTOR.

San Felipe, Chile / March 2021-July 2022

### PERSONAL TRAINER.

San Felipe, Chile / Jun 2021- Aug 2022

#### **CERTIFIED PILATES INSTRUCTOR**

Studio Pilates Chile, Santiago / 2012

# BALLET, MODERN DANCE AND SALSA INSTRUCTOR

Teatro Municipal de Santiago, Chile -Universidad de Chile- Academia Van Bailando, San Felipe / 1999-2023.

## **RESEARCH ARTICLES**

Effects of anterior cruciate ligament reconstruction with bone-patellar tendon-bone autograft on the joint position sense and force steadiness. *Int. J. Morphol., 40(5)*:1186-1193, 2022.

# LEADERSHIP EXPERIENCE

#### Leader in a Non-profit Social group "Los Cien" San Felipe, Chile / 2021-2022

Leader of youth and adults at First Baptist Burleson en Español Burleson Texas, USA /2019-2020

Volunteer at Hidalgo Ministries (Hispanic communities) Dallas, Texas, USA / 2018

**Owner and director of the Dance academy "Vivo Danza"** San Felipe, Chile / 2011-2014

Leader in a non-profit Social Christian group. San Felipe, Chile / 2007-2012

**Coordinator of the sports and extracurricular activities** Escuela San Ignacio de Loyola Valparaíso / 2009-2011

#### Best graduated, School of Physical Education Pontificia Universidad Católica de

Valparaíso / 2009

#### PE TEACHER IN A SUMMER SCHOOL PROGRAM FOR KIDS.

National Institute of sport (IND), Putaendo, Chile / Jan-Feb 2018

#### ELEMENTARY AND MIDDLE SCHOOL PHYSICAL EDUCATION TEACHER.

Montessori school, Viña del Mar, Chile / Mar-Dec 2018

#### **BALLET INSTRUCTOR FOR TODDLERS AND TEENAGERS.** Christ for the Nations Institute Dallas, TX / Mar 2015-Apr 2016

# OWNER, DIRECTOR, AND INSTRUCTOR OF THE BALLET ACADEMY "VIVO DANZA".

San Felipe / Jul 2011- Dec 2015

#### **RESEARCHER IN THE THESIS PROJECT TO OBTAIN THE MASTER'S DEGREE IN MEDICINE & SPORTS SCIENCE.** Biomechanics unit Meds Clinic, Chile / Feb- Dec 2014

# COLLEGE PHYSICAL EDUCATION TEACHER OF THE COURSES AEROBIC AND FITNESS.

University of Chile Mar-Dec 2014

#### **THEORY OF MOVEMENT AND RHYTHMICAL AND BODY EXPRESSION.** Technological Institute of Chile (ITC) / Mar-Jul 2014

**PRESCHOOL PHYSICAL EDUCATION AND SPORTS TEACHER.** Dunalastair School Santiago, Chile / Mar 2013-Feb 2014

#### PILATES INSTRUCTOR.

Welfit Studio, Santiago, Chile / Mar-July 2013

COLLEGE PHYSICAL EDUCATION TEACHER FOR THE COURSES BODY EXPRESSION & RHYTHMICAL EXPRESSION, AND RECREATION. Libertador de Los Andes Institute, Chile / May-Sep 2011/ Mar- Dec 2012

#### **BALLET AND MODERN DANCE TEACHER FOR ELEMENTARY LEVELS.** Alemán School, San Felipe / Mar-Dec 2011

**ELEMENTARY PHYSICAL EDUCATION TEACHER.** Corina Urbina High school, San Felipe, Chile / Mar 2011-Feb 2012

#### **ELEMENTARY PHYSICAL EDUCATION TEACHER AND COORDINATOR OF EXTRACURRICULAR ACTIVITIES .** San Ignacio de Loyola school, Valparaíso, Chile / Mar 2009-Feb 2011

# ELEMENTARY PHYSICAL EDUCATION TEACHER.

Ebenezer school, Viña del Mar / Mar 2010- Feb 2011

**PHYSICAL EDUCATION TEACHER, PROFESSIONAL INTERNSHIP.** Compañia de Maria school, Viña del Mar / Mar-Dec 2008

# TEACHER ASSISTANT BIOMECHANICS AND BODY EXPRESSION SUBJECTS.

Pontifical Catholic University of Valparaíso (PUCV), Chile / Mar-Dec 2006