



JUAN CRUZ ACEVEDO ACUÑA

Fitness Instructor

26 years old
Buenos Aires, Argentina
juancruzacevedo@icloud.com
+5491170593828

EDUCATION

- **PERSONAL TRAINER** - Centro Europeo de Educación Física (CEEF)
- **INTERNATIONAL RELATIONS** - Universidad Nacional de San Martin (UNSAM)

WORK HISTORY

Fitness Industry

- **1:1 CLIENTS** (Routine Planning, Personal Training Sessions, Coaching & Follow-ups)
- **Online Group Classes** (Dance & Training classes delivered online)

Education, Consulting & Sales

- ANNE FRANK INTERNATIONAL (Delivered **training sessions for large audiences** including teenagers, college students, and educators internationally).
- ACCENTURE & TELADOC HEALTH (Developed and **implemented training solutions** for diverse software and hardware products in **multicultural environments**).
- PLS LOGISTICS (**Quoted** lanes and **negotiated** rates with dispatchers and drivers across the US and Canada).
- LANGUAGE COACHING (Provided 1:1 classes in English and Spanish to a **diverse international student base**).

PERSONAL EXPERIENCE

- Iyengar **Yoga** Practicant (3 years)
- **Gym** rat (5 years)
- Active Participation & Experience in: **Crossfit, Swimming, Floor Acrobatics, Jiu Jitsu, Rugby & Jazz Dance.**

SKILLS

- Assertive communication
- Rapport Building
- Customer Service
- Motivational Skills
- Health & Wellness Knowledge
- Cultural Sensitivity
- Time Management

VOLUNTEERING

- BA 2018 **YOUTH OLYMPIC GAMES** (NOC Assistant)
- JUNIOR ACHIEVEMENT (**Motivational Speaker**)

LANGUAGES

- English (C1)
- Spanish (Native)
- Portuguese (A1)