# JUAN MANUEL GALLARDO

# PHYSICAL EDUCATION TEACHER | LIFEGUARD

### PERSONAL INFORMATION

- Address: Sottocassa 782, Colonia Vignaud, Cordoba, Argentina.
- Email:
  - Juanma gallardo996@hotmail.com
- WhatsApp: (+52) 984 2339716
- Cell Phone: (+54) 3562 437283
- Age: 27 years old.

#### PROFESSIONAL PROFILE

PE teacher and lifeguard, with extensive experience in personal training, excellent group management (children or adults groups) and organization of recreational activities and/or sports.

Besides, I have vast experience and training in water rescue in swimming pools and/or open sea, CPRand first aid

Capacity of communication, responsibility and teamwork are qualities that characterize me.

#### OTHER CERTIFICATIONS

**ENGLISH LESSONS • INTERPLAY SCHOOL OF ENGLISH • JULY 2023 / DECEMBER 2023.** 

Brinkmann, Cordoba. Level B. Oral and written.

**ENGLISH LESSONS • ESAM ROSARIO • MARCH** 2018 / DECEMBER 2018.

Rosario, Santa Fe. Level A1 and A2. Oral and written.

PRACTICAL COURSE OF AQUATIC RESCUE AND FIRST AID • GRUPO G.E.E.R. • DECEMBER 2014/15/16/17/18 Morteros, Córdoba.



## WORK EXPERIENCE

TEACHER ASSISTANT AT "INTERPLAY" SCHOOL OF ENGLISH (BRINKMANN, CORDOBA) • MARCH 2023 / DECEMBER 2023

TOUR LEADER • SETIL VIAJES Y TURISMO (SAN FRANCISCO, CORDOBA) •NOVEMBER 2022 / MARCH 2023

Tour leader for students and adults groups.

LIFEGUARD • HOTEL XCARET MEXICO (PLAYA DEL CARMEN, MEXICO) • DECEMBER 2021 / JULY 2022

Swimming pools and open sea.

PERSONAL TRAINER ● HOTEL THE REEF 28 (PLAYA DEL CARMEN, MEXICO) ● JUNE 2019 / NOVEMBER 2021

Personal trainer in charge of the hotel gym. Teaching functional training classes, HIIT and personalized workouts for hotel guests.

LIFEGUARD ASSISTANT • PUBLIC SWIMMING (COLONIA VIGNAUD, CORDOBA) • 5 SEASONS (FROM 2014/15 TO 2018/19)

#### EDUCATION

PHYSICAL EDUCATION TEACHER • DECEMBER 2018 • ISEF 11 ABDO. MARIANO GRANDOLI. Rosario, Santa Fe.

LIFEGUARD • APRIL 2021 • MEXICAN RED CROSS.

Cancun, Mexico.