

Mercedes Schutz

Contact

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About Me

Profile:

- 21 years old
- I am a proactive, organized, and responsible person with strong interpersonal skills.
- I am always willing to give my best at work.
- I'm looking for a challenging and fun position where I can contribute my experience.

Academic Background

Graduate from Barker College

High School Diploma - Arts and Literature orientation

2005-2020

Work Experience

Talleres California

Administrative Secretary

July 2021 - December 2022

- Administrative management, agenda coordination, and communication handling in the meat industry.

Port School

Preschool and Nursery Teacher Assistant

February 2023 - Present

- Supervision of children and support in educational and recreational activities.

Education and Skills

Advanced Instructor in Fitness and Physical Activity

Gualda Training

Mercedes Schutz

- Personal trainer
- Strength training and hypertrophy specialist
- Functional training and HIIT
- Sports injuries
- Sports nutrition
- CPR
- Vital signs

University Student

UADE Business School - Faculty of Health Sciences

Degree in Nutrition (Second Year)

Image Consultant

Inside Studios - Fashion and Digital School

- Image construction
- Identifying trends from their origin to cultural manifestation
- Tools to assess and strategize, working in specific projects advising professionals in the industry

Languages

English || French || Spanish