



## ABOUT ME

Passionate about training, with 14 years of experience in gyms focusing on strength, power, and hypertrophy. Competed in high-level football and rugby, also practicing CrossFit and Olympic lifting, developing solid knowledge in programming and technique.

## CONTACT:

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# Camilo Moradas

## Personal Trainer & Gym Instructor

### WORK EXPERIENCE

#### PERSONAL TRAINER ONLINE, 2024 - PRESENT

- Personalized workouts and constant monitoring

#### Gym Instructor

#### CLUB SAN LUIS, 2024

- In charge of the club's gym, focused on rugby and hockey training

#### Model

#### FREELANCE, 2021 - PRESENT

- Photographic productions for brands such as Montagne and Kevington

#### Gym Instructor

#### LOS TEROS GYM, 2016

- Gym manager

### EDUCATION

#### Gualda Training

#### PERSONAL TRAINER & GYM INSTRUCTOR, 2024

- Educational course certificated by ALIFID (Mat. N° 33185) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

#### GYM INSTRUCTOR & HIPERTROPHY COACH, 2024

- Educational programme course certificated by ALIFID (Mat. N° 33185) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

#### CARDIOPULMONARY RESUSCITATION, 2024

- Cardiopulmonary resuscitation session according to the protocol established by the American Heart Association (AHA). Certificated by ALIFID (Alianza Latinoamericana de Instructores de Fitness y Deporte) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

#### Universidad Nacional de La Plata

#### BACHELOR'S DEGREE IN GEOLOGY, 2017-2024

- Graduated R. M. N° 1302/15

#### Oxford University

#### ENGLISH

- London Test of English for Children, LEVEL 1 (FIRSTWORDS), 2006
- London Test of English for Children, LEVEL 2 (SPRINGBOARD), 2007