

HEIM TOMÁS

Triunvirato 454 – Santa Rosa – La Pampa

Cell: (+54)2954-298575

Email: Tomi_15@live.com

AGE: 30 years.



PROFESSIONAL EXPERIENCE

2019-2024

Nutricionist

HOME-OFFICE and CESIM

Tasks performed: Make meal plans, stress control, chronobiological regulation and physical activity for patients, according to their demand.

2018-2024

Sta Rosa (LP);
Pto Madryn (CH);
Ushuaia (TDF)
Mexico DF

Biologist

San Juan Bosco University, Museum of Natural Sciences, Acatashum Museum and assistant researcher at CESIM.

Tasks performed: Monitoring and chipping work on penguins, Research, scientific writing, use of science software, development of different study techniques, collaborations and talks with institutions and more professionals from different areas of interest.

2023-2024

(TDF - USHUAIA)

Tour guide

Piratour – Penguin Tour

Tasks performed: Accompaniment and instruction of activities to groups of varied audiences in different environments and in different languages.

<https://piratour.net/>

2017-2017

(Sta Rosa LP.)

Receptionist

Hotel Mercure

Tasks performed: Sales and customer service in a prestigious hotel in the city of Santa Rosa, La Pampa

ESTUDIOS

2018-2023

University studies:

Lic. in Biological Sciences

UNLPSJB, Pto. Madryn, Chubut.

2020-2024

Courses:

Numerous courses in nutrition, biology, first aid, etc. that are sent attached with certifications and endorsements.

Relevant for the area:

- **WILDERNESS FIRST RESPONDER (WFR)**
- **Zodiac Driver**
- **Handling of firearms and STCW.**

Software and Hardware

Microsoft Office (Word, Excel, Power Point, etc.)

Management of in-body software and others for anthropometric determination.

R-statistics; Virtual Dj, Setaro Dj.

Languages

Spanish: (Natal)

English: Advanced

Portuguese: Advanced

French: basic and continued studying

REFERENCES

García. Florencia.

Piratour

Cel.: 2901 - 459547

E-mail:

administracion@piratour.net

HERNAN (gerente).

Hotel Mercure:

Cel.: +542954236138

Marcos Mayer.

CESIM (Centro de Salud e investigación Médica)

+54 9 2954 31-6627

ANOTHER

Knowledge as a DJ in events of multiple types.

Knowledge of statistics, computer science and computing programs.