

PERSONAL INFORMATION

Name: Manuel Agustín Almeida

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Date of Birth: September 20, 1987

Residence: Córdoba Capital, Argentina



EDUCATION

High School – Inst. Gral. San Martín, Villa Allende – 2005

Higher Technician in Physical Activity – IPEF – 2008 to 2010

ADDITIONAL TRAINING

- Postgraduate in Motor Development and Physical Exercise in Children and Adolescents (IPEF) – 2011
 - Strength Updates Symposium (J.J. González Badillo – IPEF) – 2014
 - Update Course on Obesity and Physical Activity (Jorge Roig) – 2014
 - Advanced Personalized Training Course (G-SE Platform) – 2015
 - Personalized Training Course (G-SE Platform) – 2016
 - Comprehensive Sports Training Course (G-SE Platform) – 2017
 - Adapted Physical Exercise Course (Mario Di Santo) – 2017
 - Smart Training Level 1 and 2 (Ariel Couceiro) – 2018
 - Diploma in Smart Training (Ariel Couceiro) – 2021
 - Coaching (Líder Coach Professional Academy) – 2024
 - Finance Course (G-Talent Academy) – 2023
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WORK EXPERIENCE

- **“El Muro” Gym**, Córdoba – 2009 to 2011
 - **“Allenare” Gym**, Córdoba – 2010 to 2013
 - **In-home Personalized Training**, Córdoba – 2013 to 2020
 - **“Gimnasio de la Villa”**, Córdoba – 2011 to 2018
 - **“Movement and Strength” Gym**, Córdoba – 2018 to 2025
Co-founder. Participated in the design, creation, and full management of the space, including staff training, customer service, financial management, and maintenance. The gym became widely recognized for the quality of its service and currently has over 350 active members.
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PROFILE AND OTHER DETAILS

- Full-time availability
- Single, no children
- Own vehicle
- Valid driver’s license
- Ongoing personal development and reading
- Responsible and committed to assigned tasks
- Punctual and proactive
- English level: **Intermediate**