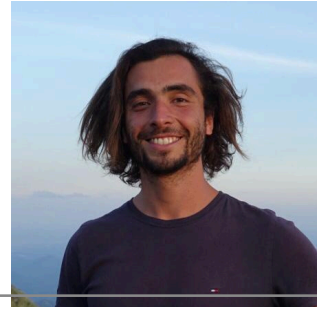


# Sebastian Svrsek

Location: MENDOZA, ARGENTINA

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## SUMMARY

Dynamic and adaptable professional with a diverse background spanning multiple industries, academic pursuits, and international experiences. After earning a Bachelor's Degree in Physical Education and Sports Performance from Universidad Juan Agustin Maza, I transitioned into project management, applying my skills to real-world projects. Throughout my academic journey and international work and holiday experiences in Denmark (2018-2019), Germany (2020-2021), and Australia (2022-2024), I have cultivated a unique blend of expertise and practical knowledge. These immersive cultural experiences broadened my global perspective, enhanced my ability to manage diverse teams, and strengthened my resilience in navigating complex environments.

## SKILLS

- **Project Management:**
  - Experienced in leading teams and managing all phases of project development, from planning to execution and evaluation.
  - Ability to conduct market analysis and make data-driven decisions to identify investment opportunities and optimize resources.
- **Leadership and Teamwork:**
  - Proven track record in leadership roles, motivating team members, and fostering cooperation to achieve common goals.
  - Skilled in guiding teams in dynamic and multicultural environments, demonstrating adaptability and a results-oriented approach.
- **Time Management and Organization:**
  - Expert in effective time management, task prioritization, and resource organization to meet deadlines and achieve objectives.
  - Capable of managing multiple projects simultaneously, ensuring delivery within established budgets.
- **Data Analysis and Research Methodologies:**
  - Familiarity with data analysis and research methodologies to support informed decision-making in project management.
- **Communication and Interpersonal Skills:**
  - Strong verbal and written communication skills, with the ability to collaborate with diverse stakeholders and convey information clearly and concisely.
- **Adaptability and Resilience:**

Ability to adapt to changing circumstances, handle pressure, and bounce back from setbacks with resilience and perseverance.

- **Technical Proficiency:**
  - Proficient in Microsoft Office (Word, Excel, PowerPoint, Outlook) and Google Workspace (Docs, Sheets, Slides, Drive).
- **Knowledge of project management tools like Trello, Asana, or equivalent platforms.**
- **Sports Knowledge and Physical Training:**

In-depth understanding of sports, with over 10 years of experience in swimming as both an athlete and instructor, designing and implementing training programs.

## EDUCATION

**Bachelor's Degree in Physical Education and Sports Performance,** *Universidad Juan Agustín Maza, Mendoza, Argentina - Completed July 2021*

**200-Hour Yoga Teacher Certification,** *Yogarenew RYS 200 Yoga Alliance - Completed October 2023*

**Lifeguard,** *Instituto de Educación Física, Mendoza, Argentina - Completed December 2014*

- **Additional Education**

**Google Project Management Professional Certificate,** *Google Coursera - Completed March 2022.* Focused on project planning, budgeting, agile practices, and stakeholder communication.

**Google Data Analytics Professional Certificate,** *Google Coursera - Completed January 2024.* Covered data cleaning, visualization, and analysis using tools like SQL, Excel, and R.

## EXPERIENCE

**Personal Trainer** – Mendoza, Argentina. *October 2024 - currently working*

**Yoga Instructor** – Melbourne, Australia. *February 2024 - June 2024*

Led yoga sessions for various skill levels, focusing on improving participants' physical well-being and mindfulness practices.

**Personal Trainer** – Hobart, Australia. *July 2022 - September 2022*

Designed personalized fitness programs and coached clients to achieve their health and fitness goals.

**Personal Trainer** – Cologne, Germany. *March 2020 - September 2020*

Provided tailored training plans and tracked clients' progress to ensure sustainable improvements.

**Personal Trainer** – Copenhagen, Denmark. *December 2018 - November 2019*

Conducted fitness assessments and created individualized exercise routines for diverse client needs.

**Physical Education Teacher** (Secondary Level Practicum) – Instituto Rodeo del Medio, Argentina. *May 2018 - August 2018*

Delivered physical education lessons and supervised students in sports activities.

**Physical Education Teacher** (Primary Level Practicum) – Escuela 1-585 1ero de Febrero, Argentina. *August 2017 - December 2017*

Planned and conducted physical education classes, adapting to children's developmental needs.

**Swimming Instructor** – Club Petroleros YPF, Argentina. *February 2017 - September 2018*

Taught swimming techniques and water safety to all age groups, from beginners to advanced.

**Teaching Assistant** (Swimming) – Universidad Maza, Argentina. *April 2017 - March 2018*

Supported undergraduate students in swimming lessons and evaluated their progress.

**Swimming & Gym Instructor** – Círculo Policial, Argentina. *March 2012 - September 2017*

Taught swimming and provided fitness coaching to individuals of varying skill levels.

**Swimming Instructor** – Club Andes Talleres, Argentina. *May 2015 - December 2016*

Delivered swimming lessons, focusing on technique refinement and water confidence.

**Lifeguard** – Club Mendoza de Regatas, Argentina. *December 2015 - March 2016*

Ensured swimmer safety by monitoring pool areas and responding to emergencies.

**Lifeguard** – Embalse El Carrizal, Argentina. *December 2014 - March 2014*

Supervised waterfront activities, ensuring compliance with safety regulations.

## LANGUAGES

- Spanish: Native
- English: Full Professional Proficiency
  - IELTS Academics Score: 7.5 (C1) - 2022
  - EF SET English Certificate C2 - 2024
- German: Intermediate B1