



# JOHANNA QUINTERO



Quito, Ecuador 170502



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## Resumen

Dedicated and professional physical therapist with experience in exercise therapy, treatment planning, and recovery programs. Skilled in providing excellent customer care and ensuring positive experiences.

### EDUCATION

Bachelor's Degree in Physiotherapy,  
Universidad de las Américas, Quito,  
Ecuador Graduation Date: November 2023

### Certifications

- Specialist in Ergonomics (2021)
- Specialist in Childhood Obesity (2021)
- Specialist in Nutrition (2021)
- Basic Life Support (BLS), Airway Management, and Injection Techniques (2022)

### Skills

- Experienced in planning recovery exercises and therapies.
- Knowledge of sports injury prevention and rehabilitation.
- Strong customer service skills, ensuring client satisfaction and comfort.
- Responsible, organized, and quick to learn new things.
- Knowledge of wellness programs and recovery strategies.

### Languages

- Spanish: Native
- English: Intermediate

## WORK EXPERIENCE

### PHYSICAL THERAPIST

FISIO CENTER, QUITO, ECUADOR, FEBRUARY 2023 –  
DECEMBER 2023

- Created exercise plans to help patients recover and improve movement.
- Monitored treatments to make sure they were working well.
- I helped patients directly with therapy to improve their health.

### INTERN – TRAUMATOLOGY DEPARTMENT

HOSPITAL DOCENTE CALDERÓN, QUITO, ECUADOR OCTOBER  
2022 – NOVEMBER 2023

- Supported evaluations and rehabilitation plans for patients.
- Wrote reports and kept track of patient progress.

### INTERN, RESPIRATORY DEPARTMENT

HOSPITAL CARLOS ANDRADE MARÍN, QUITO, ECUADOR DECEMBER  
2022 – JANUARY 2023

- Helped with breathing therapy treatments for patients.
- Learned about respiratory therapy and how to care for patients.

### INTERN – REHABILITATION AND PHYSIOTHERAPY CENTER

CARF UDLA, QUITO, ECUADOR  
SEPTEMBER 2022 – SEPTEMBER 2022

- Helped patients with exercises to recover movement.
- Made personal treatment plans for patients.
- Used manual therapy and other physical techniques.
- Checked how patients were improving.