

Joaquin Dupuy

PROFILE

I am a university graduated teacher in physical education with different works experiences. I'm always looking for efficiency to do all tasks and share the methods with others, in order to improve team work. In addition to this, I have a proactive attitude and a high adaptability to work in any environment.

Finally, if you're looking for a innovative and versatile professional, I won't let you down.

CONTACT

Joaquin.dupu@gmail.com
1170581052

SKILLS

- Weight Training
- Functional & TRX training
- Personal Training
- Training/dancing classes
- Healthy lifestyle advisor
- Basic nutrition advisor
- Digital literacy

EDUCATION

PHYSICAL EDUCATION TEACHER

ISEF N°1 Enrique Romero Brest | 2011 - 2016 (Argentina)

WORK SUMMARY

Sodexo (Australia) | 2023 - 2024

- Service attendant in remote area
 - Kitchen hand
 - Housekeeper
 - Recreation staff

FITNESS TRAINER

La Rosa Gym | 2017 - 2022

- Weight room trainer
- Receptionist
- Preparation of weekly/monthly training plans, for all ages

Training groups | 2020 - 2022



[@training.modeok](https://www.instagram.com/training.modeok) (own entrepreneurship)

- Functional training
- HIIT and circuit by stations
- Content creator (CM)
- Running & Walking groups