



# SAMUEL OKUMU OKWACH

## Spa Therapist



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kenyan

## EDUCATION

12/2012

**Beauty Point School |**

*Nairobi*

City and Guilds Level 3

Diploma in Beauty Therapy

12/2012

**Beauty Point School |**

*Nairobi*

Diploma In Holistic Therapy

06/2011

**Hope world wide**

**international | Nairobi**

certificate in Hairdressing and

Beauty Therapy

12/2010

**Makongeni Secondary**

**School | Nairobi**

## SKILLS

- Deep tissue massage
- Sweedish massage
- Bamboo Fusion massage
- Lava shells massages
- Hydra facials
- Facials electricals
- Skin analysis
- Aroma Therapy
- Trigger Point Massage
- Stress Relief Massage
- Wellness Programs
- Body Treatments
- Hot Stone Massage

## PROFESSIONAL SUMMARY

Dedicated professional spa therapist with experience providing personalized treatments and services to a wide range of clients. Possesses excellent customer service and communication skills, along with a passion for helping clients achieve their wellness goals and feel good ,experienced in all body treatments,holistic facials and advanced facials .

## EXPERIENCE

01/2024 - Present

**Spa Therapist**

**Serenity Spa | Serenity Spa, Nairobi**

- Provided therapeutic massage treatments, including deep tissue, Swedish,sports massage,advanced facials and wellness consultations.
- Developed customized spa packages based on individual preferences while upselling additional services.
- Possessed thorough knowledge of Spa Menu and retail products to assist guests by providing information and suggestions on all products and services within the Spa and Wellness Facilities
- Provided confident post treatment care recommendations as well as offering support to guests within the retail area Achieves individual and group targets in sales as required, as well as promoting the upselling of spa treatments, products, packages, special promotions and other events
- Assisted with Spa reception duties when required, including but not limited to guest check-in / check-out, enquiries, general reception duties and assisting with maintaining the

- Reflexology
- Sports Massage
- Hydrotherapy Techniques
- Muscle and Body Assessment
- Client Records Maintenance
- Chemical peels
- Microneedling
- Slimming body treatments
- Slimming Appliances

## CERTIFICATIONS

- Certificate in Beauty Therapy
- Diploma in Holistic Therapies
- City and Guilds Level 3 Diploma in Beauty Therapy
- Stcw certificate
- Crowd and crisis management
- Human behavior management
- Vtct level 2 diploma in hairdressing

## LANGUAGES

- **English**  
Intermediate

Spa and Wellness facility

09/2023 - 12/2023

### Spa Therapist

**Kalepo Luxury Camp** | Kalepo Luxury Camp, samburuland

- Performed deep tissue, Swedish, and sports massage techniques to improve clients' physical health and wellbeing.
- Massaged and kneaded muscles and soft tissues of body to provide treatment for medical conditions or injuries.
- Helped in the camp with other departments from time to time when required by the manager

08/2014 - 06/2023

### Spa Therapist

**VLCC Healthcare Ltd** | VLCC Healthcare Ltd, Nairobi

- Developed an extensive knowledge of skin types and conditions in order to provide tailored skincare advice to customers.
- Created detailed client records for each customer, documenting their wellness treatments progress while advising and customizing their programmes from time to time for better results .
- Performed deep tissue, Swedish, and sports massage techniques to improve clients' physical health and wellbeing.
- Maintained a clean and professional treatment area at all times.

08/2014 - 06/2023

### Wellness Assistant

**VLCC Healthcare Ltd** | VLCC Healthcare Ltd, Nairobi

- Identified resources within the community that could be used to support client needs.
- Assisted in developing and implementing wellness programs for guests, utilizing knowledge of health promotion techniques.
- Maintained accurate records of client assessments, program activities and outcomes.
- Designed treatment plans to meet goals and objectives for client treatment.
- Leveraged counseling and therapy skills to assist clients experiencing emotional distress and crisis.

01/2011 - 08/2014

### Spa Therapist

**Styles of Tomorrow Salon and Spa** | Styles of Tomorrow Salon and Spa, Nairobi

- Greeted customers with a friendly and professional

demeanor.

- Handled administrative duties such as scheduling appointments, responding to phone calls and taking payments.
- Educated clients on the benefits of regular massage treatments.
- Provided therapeutic massage services to clients, utilizing various techniques and modalities to address specific health concerns and promote relaxation.

## REFERENCES

**Pooja Sondhi - VLCC International  
Cluster Manager**

(073) 400-6959

poojasondhi@vlccwellness.com

**Jacqline Ongili - Hope International  
Center Manager**

(072) 217-4999

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