

# Sofía Gerlach

## PHYSICAL EDUCATION TEACHER

Argentina • 04/07/1994 • Single woman  
Alvarez Condarco 1970, Chajari – Entre Ríos –  
Argentina - Passport number: AAG349005  
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## Education

*March 2007 to December 2012*

### High School

- Institute D-47 "San José" Chajari, Entre Ríos.

Bachelor in Human and Social Sciences.

Address: Av. 9 de Julio 1912, Chajari, Entre Ríos, cp: 3228.

*February 2014 to May 2019*

### Higher Education

- ISEEF - "Higher Institute of Physical Education Specialties" Concordia, Entre Ríos.

Physical Education Teacher.

Address: San Carlos y Salomon, cp: 3200.

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## Work Experience

*2019 to present*

- SUMMER CAMPS

Season 2019/20/21 Club Atletico Velez Sarsfield, Chajari, Entre Ríos.

<https://www.instagram.com/velezchajari/>

Season 2022/23/24 Colonia Remolino Mágico, Paraná, Entre Ríos.

<https://remolinomagico.com/site2023/>

**Position: teacher and coordinator of groups of all ages during the summer camp season.**

Designed and implemented a variety of recreational programs tailored to different age groups, including educational workshops, sports, and creative arts, leading to increased participant engagement and satisfaction.

*August 2023 to present*

- CLUB ATLETICO ESTUDIANTES, Paraná, Entre Ríos. Argentina.

**Position: Instructor of Parent-and-Tot Swimming and Advanced Swimming Coach.**

Management of groups of 15/20 children or adults per hour. Designed and executed innovative swimming programs, including advanced stroke clinics, first aid courses and family swim events.

*January 2022 to present*

- COLEGIO LASALLE D-32, Paraná, Entre Ríos. Argentina

**Position: Physical Education teacher for elementary school and secondary school.**

Management of groups of 30/40 children. Developed and implemented innovative programming initiatives, such as fitness challenges and outdoor adventure trips.

*January 2022 to July 2023*

- ATLÉTICO ECHAGÜE CLUB, Paraná, Entre Ríos. Argentina

**Position: Swimming Instructor and Coach at all levels.**

Participation as a coach in National Championships.

*January 2019 to December 2021*

- CLUB ATLETICO VELEZ SARSFIELD, Chajari, Entre Ríos. Argentina

**Position: Swimming Instructor and Coach at all levels.**

Participation as a coach in National Championships.

*January 2019 to December 2021*

- CENTRO DE AGUAS, Chajari, Entre Ríos. Argentina

**Position: Swimming Instructor for all levels, including Adults and Adolescents, as well as Water Therapy Exercise Instructor.**

*January/2019 to December 2020*

- CENTRO INTEGRADOR COMUNITARIO, Chajari, Entre Ríos. Argentina

**Position: Teacher in Early Childhood Space, Playful Expressive Center for Nursery and Preschool Levels.**

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### **Seminars, Trainings & Courses**

"University Diploma in National Swimming Coach" National High-Performance Swimming Instructor and Coach.

"Personalized Training Update, Personal Trainer"

"First International Congress on Physical Activity, Health, Sports, and Life in Nature"

"Introduction to Adaptive Sports Workshop"

- "Neuroscience Symposiums: Education Thought Through Neuroscience"

First Aid and CPR course, provided by "Cruz Roja"

## **LANGUAGES**

- English – First Certificate in English, Council of Europe level B2
- Italian – Level A1
- Spanish – Mother Tongue

## **COMPUTER SKILLS**

- Windows Pack
- Gmail, Outlook.
- Social media management

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## **References**

Atlético Echague Club, Paraná, Entre Ríos. Phone number: +543434383584  
Club Atlético Velez Sarsfield. Chajarí, Entre Ríos. Phone number: +543456517188